



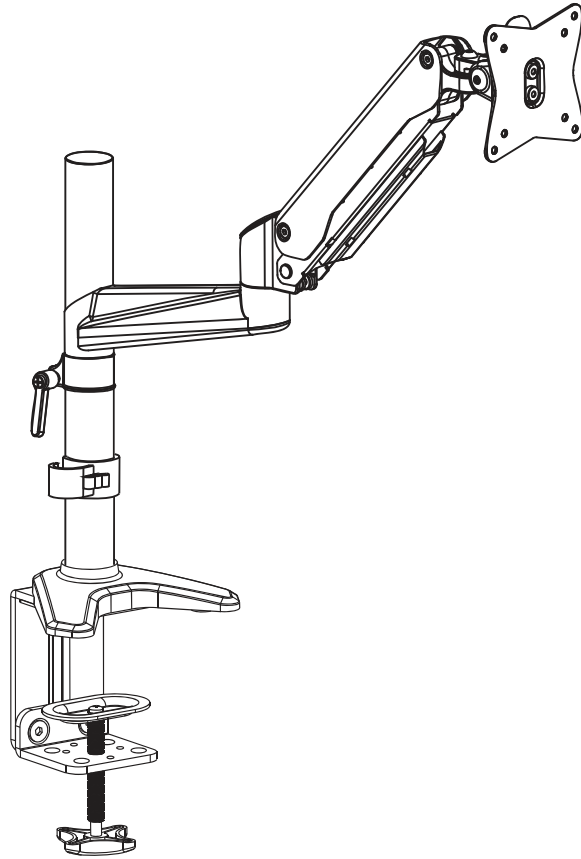
## Single Monitor Desk Mount with Gas Spring Arm Instruction Manual

(A)

English pages 02–12

French pages 13–23

Spanish pages 24–34



**Model: ERDGM1-01B**

**Thank You for Choosing this ErgoAV Product!**

At ErgoAV, we want to add value to your AV experience by providing the highest quality products and services in the industry. If you have any concerns or comments, please contact us.

ErgoAV Customer Care

phone (877) 419-7832

email: [support@ergoav.com](mailto:support@ergoav.com)

website: [www.ergoav.com](http://www.ergoav.com)

address: 9501 Louisiana Ave N, #200, Brooklyn Park, MN 55445

## IMPORTANT SAFETY INFORMATION

• Please carefully read all instructions before attempting installation. If you do not understand the instructions or have any concerns or questions, please contact Technical Support at (877) 419-7832 or Customer Service at support@ergoav.com.

**⚠CAUTION:** Avoid potential personal injuries and property damage!

- Do not use this product for any purpose that is not explicitly specified in this manual. Do not exceed weight capacity. We are not liable for damage or injury caused by improper mounting, incorrect assembly or inappropriate use.
- This product contains gas assist arms which are under high pressure. Do Not puncture these arms or expose the arms to fire or flame. If product is or becomes defective, please contact ErgoAV Customer Support at support@ergoav.com or (877) 419-7832 to arrange a return.
- Do Not use this product on desks made of particle board or other soft woods.
- The information contained in this manual does not cover all possible conditions or variables in relation to the install of this product.

## Weight Restrictions



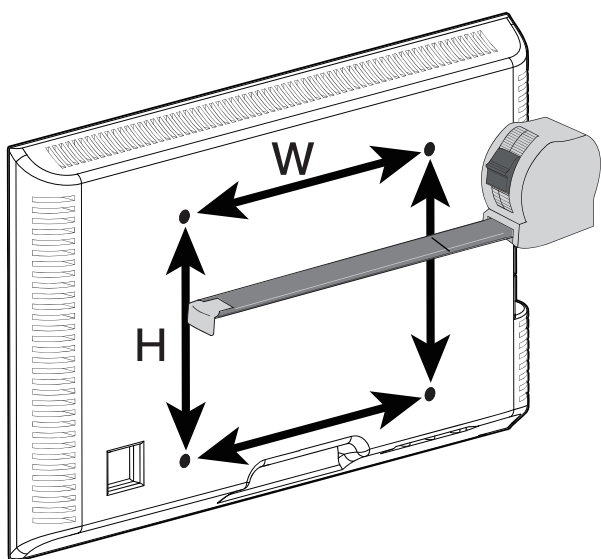
If your monitor weighs more, this mount is NOT compatible. Monitor should not exceed maximum listed weight.

### ⚠ WARNING

DO NOT exceed the maximum weight indicated. This mounting system is intended for use only within the weight range listed. Use with products heavier than the maximum weight limit may result in failure of the mount, causing potential damage and or injury.

It is the responsibility of the installer to verify the total weight of the monitors and any accessories attached. Do Not exceed the weight limit listed.

## Check the VESA Pattern of Your Monitor before the Installation



**Measure Your Monitor's VESA Pattern:**

**Minimum:** 75mm x 75mm/3" x 3" (WxH)

**Maximum:** 100mm x 100mm/4" x 4" (WxH)

If your Monitor's VESA Pattern is smaller than 75mm x 75mm/3" x 3" or greater than 100mm x 100mm/4" x 4", this mount is NOT COMPATIBLE with your Monitor. Please contact our Technical Support at (877) 419-7832 or support@ergoav.com to find a compatible mount.

## TENSION ADJUSTMENT SHOULD BE DONE ONLY AFTER MONITOR INSTALLATION

 Attention

**DO NOT** adjust tension without monitor attached.

1. Verify the weight of your monitor (including accessories) is between 2.2~17 lbs (1 kg ~ 7.7 kg).
2. Monitor weight information can be found within its box or manual.
3. Ensure monitor has been securely attached to the mount.

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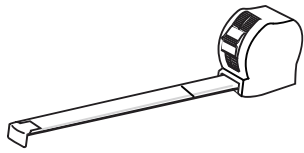
### WARNING:

- Gas Spring Arm is under pressure and should be handled with care.
- Failure to follow the instructions may result in damage to the mount and/or personal injury.

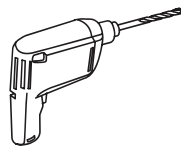


## Tools Needed (Not Included)

### For Grommet Mounting (Optional)



Tape Measure



Drill (Optional)



7/16-7/8" (11-22mm)  
Drill Bit (Optional)

### For Attaching the Monitor Plates to the Monitors



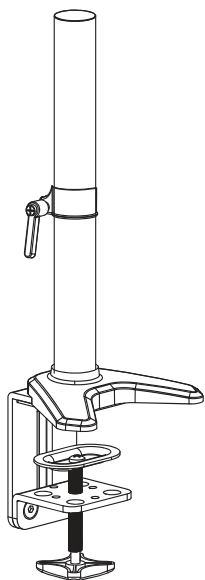
Phillips Screwdriver

## Supplied Parts and Hardware

**⚠ WARNING:** This product contains small items that could be a choking hazard if swallowed. Before starting assembly, verify all parts are included and undamaged. Do not use damaged or defective parts. If you require replacement parts, please contact Technical Support at (877) 419-7832 or Customer Service at [support@ergoav.com](mailto:support@ergoav.com) to find a compatible mount.

• **NOTE:** Not all hardware included in this package will be used.

## Supplied Parts for Step 1



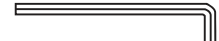
Pillar Assembly  
O (x1)



1/8" (3mm)  
Small Allen Key  
K x 1



5/32" (4mm)  
Medium Allen Key  
L x 1

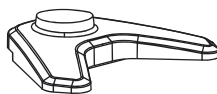


3/16" (5mm)  
Large Allen Key  
M x 1

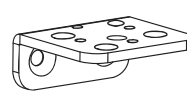
All are included in O.



Support  
Plate  
T (x1)



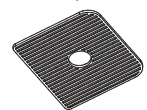
Base  
U (x1)



Bottom  
Plate  
V (x1)



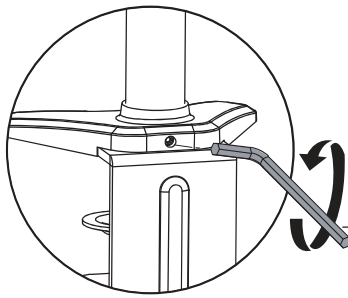
Bolt  
W (x1)



Rubber  
Pad  
X (x1)



## Step 1 Install the Base

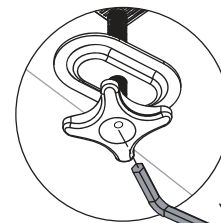
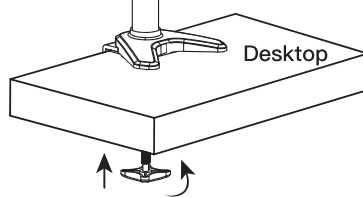
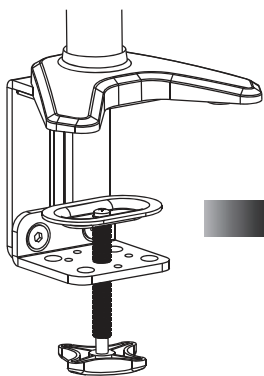


Before you install the base, you can tighten the Pillar Assembly [O] with Allen Key [K].

**K**  
Small Allen Key  
1/8" (3mm)

## Option A C-Clamp Installation

Attach the Pillar Assembly [O] to the desktop. Rotate the Knob to firmly secure the Pillar Assembly [O] to the desk. You can also use Allen Key [M] to tighten up.



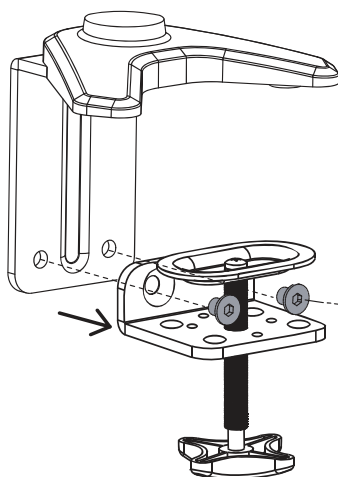
**M**  
Large Allen Key  
3/16" (5mm)

For Desk Thickness: 3/4" – 3 1/8" (20mm – 80mm)

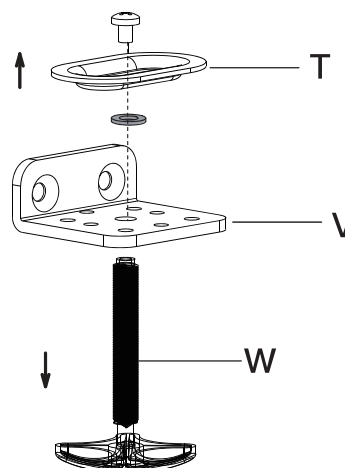
## Option B Existing Grommet Hole Installation

NOTE: If your desk has an existing grommet hole with a plastic cover, remove it before installation.

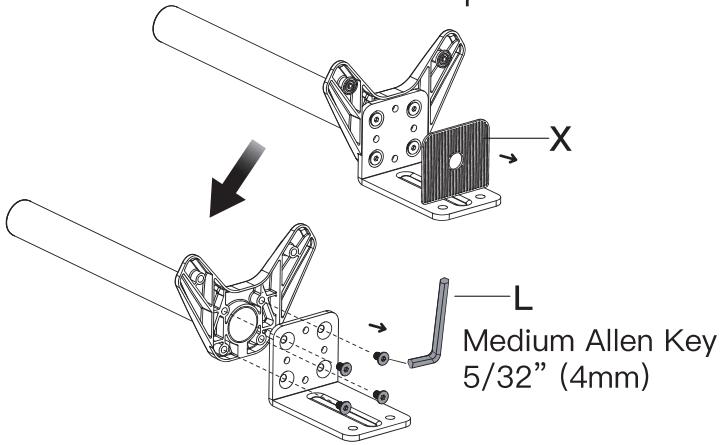
1. Use provided Allen Key [M] to remove preassembled Bolts on C-Clamp. Separate C-Clamp into Support Plate [T], Bottom Plate [V] and Bolt [W] with knob attached.



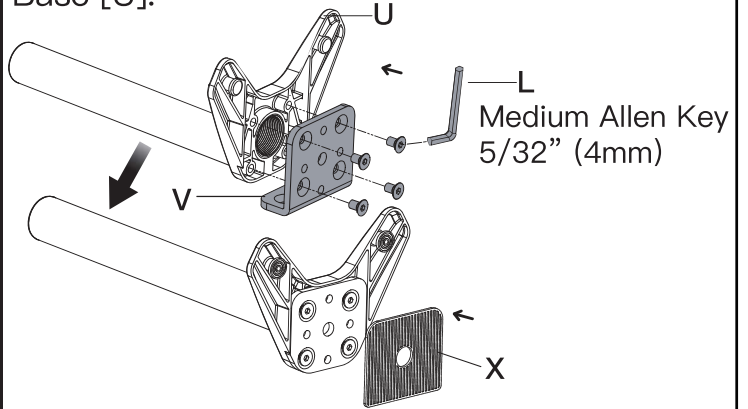
**M**  
Large Allen Key  
3/16" (5mm)



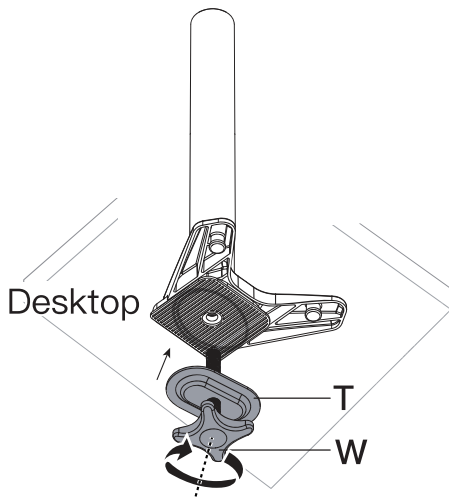
**2.** Remove Rubber Pad [X] and loosen four Bolts on Base bottom to separate C-Clamp Brace using Allen Key [L]. Save them for use in next step.



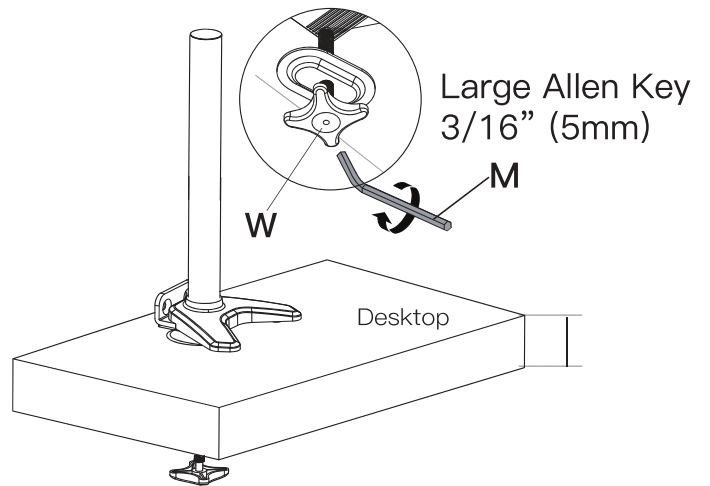
**3.** Align the holes from Bottom Plate [V] with holes on Base [U] and secure them using removed Bolts and Allen Key [L]. Then adhere the Rubber Pad [X] to the underside of the Base [U].



**4.** Position the Pillar Assembly [O] over mounting surface and secure it using Support Plate [T] and Bolt [W] with knob attached.



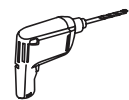
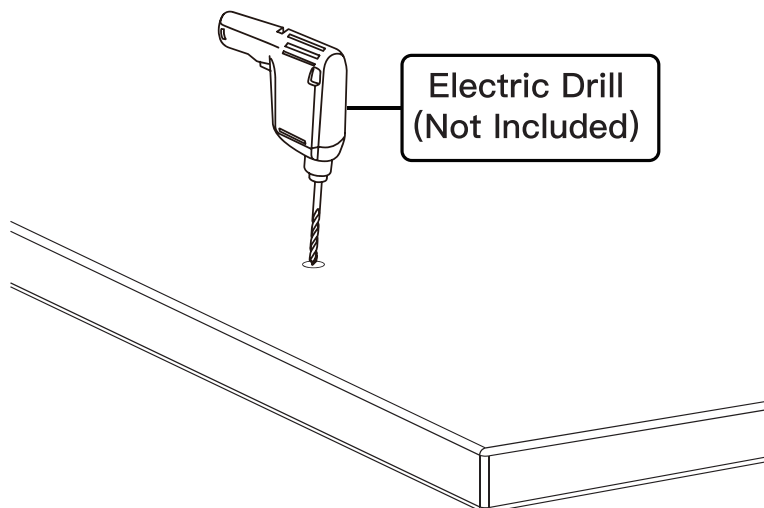
**5.** You can also use Allen Key [M] to tighten up.



For Desk Thickness:  
3/4" - 2 3/4" (20mm - 70mm)

## Option C Self-Drilled Grommet Hole Installation

**1.**

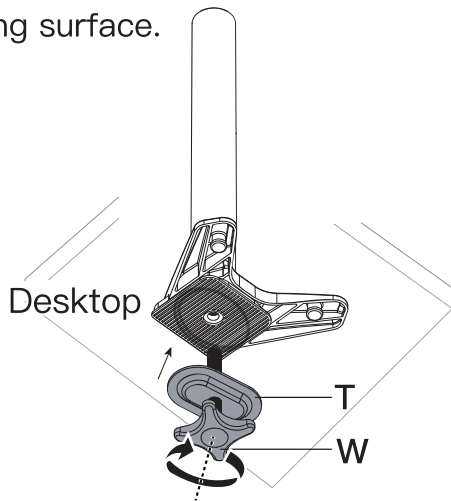


Drill (Optional)  
[Not Included]

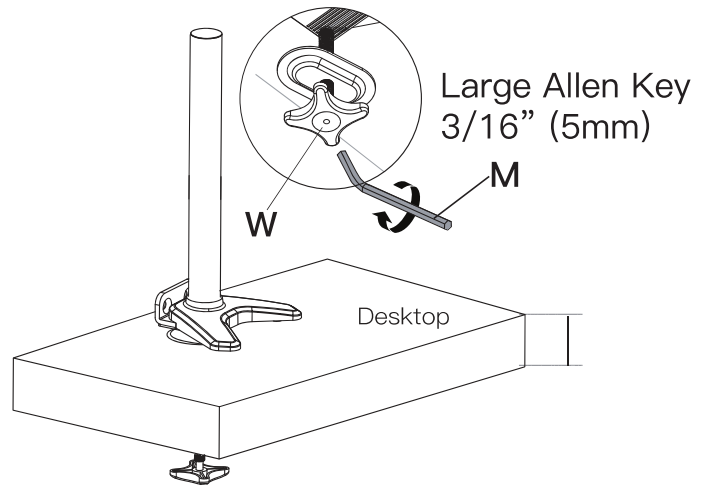


7/16-7/8" (11-22mm)  
Drill Bit (Optional)  
[Not Included]

**2.** Make a mark for the center hole on your mounting surface. Use a minimum of 15/32" (12mm) and a maximum of 3/4" (20mm) drill bit and drill a hole in the mounting surface.



**3.** Step back to Option B and follow the steps.



For Desk Thickness:  
3/4" - 2 3/4" (20mm - 70mm)

## Supplied Parts and Hardware for Step 2



Arm  
Q (x1)



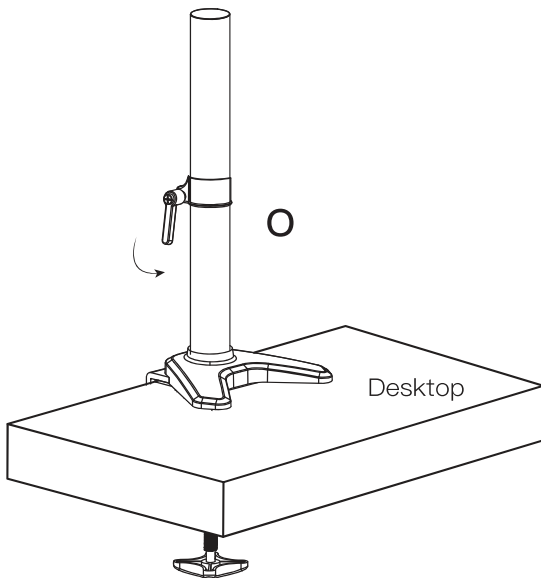
Extension Arm  
R (x1)



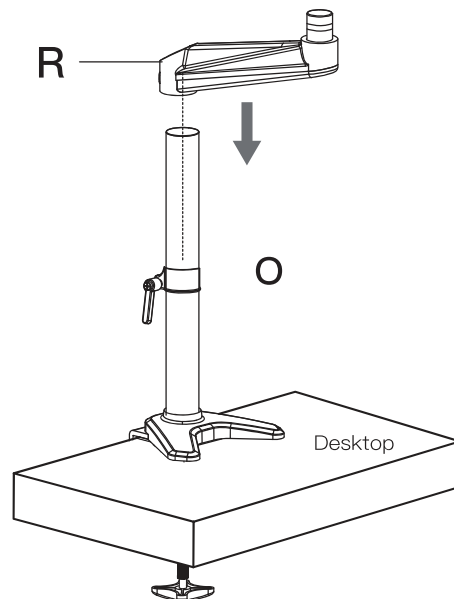
Decorative Cover  
I (x1)

## Step 2 Attach the Arm to Pillar Assembly

**1** Move Locating Ring to proper height, then tighten it.

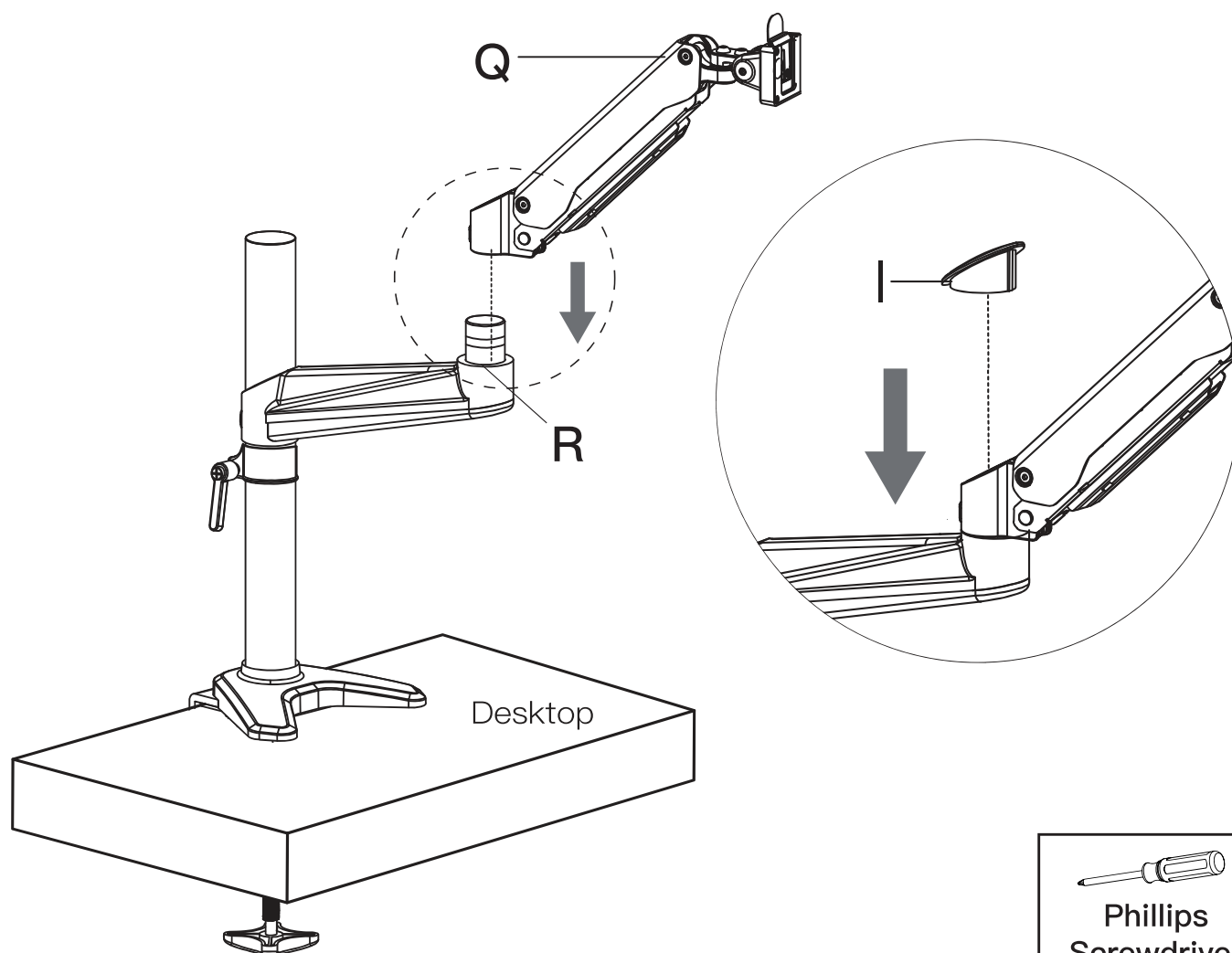


**2** Slide Extension Arm [R] onto Pillar Assembly [O].



3

Slide Arm [Q] onto Extension Arm [R]. Then attach Decorative Cover [I].

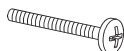


  
Phillips  
Screwdriver  
[Not Included]

### Supplied Parts and Hardware for Step 3



Bolt  
M4 x 12 mm  
A x 4



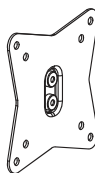
Bolt  
M4 x 30 mm  
B x 4



Washer  
10 x 4.3 x 1 mm  
C x 4



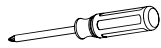
Spacer  
10 x 5.2 x 13 mm  
D x 4



Monitor Plate  
P x 1

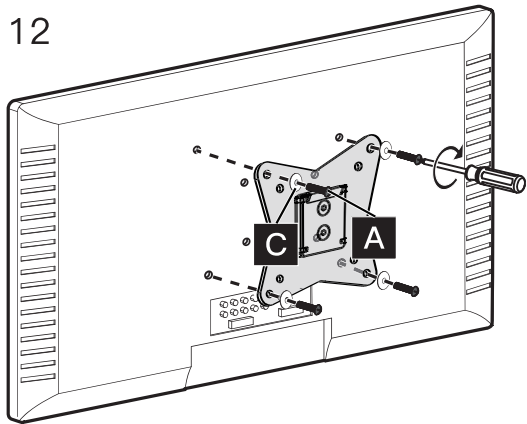
# Step 3 Attach the Monitor Plate to the Monitor

## 3-1 Select Your Monitor Bolts

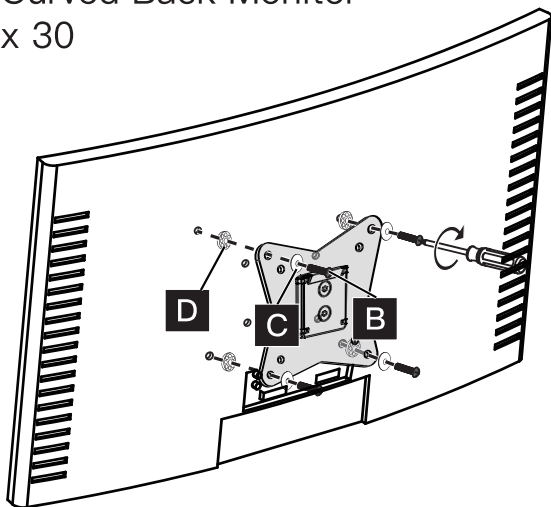


Phillips  
Screwdriver  
[Not Included]

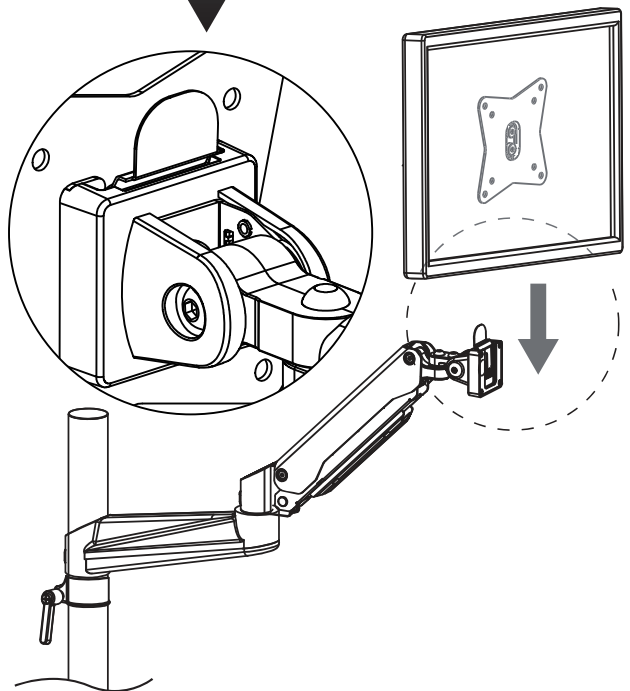
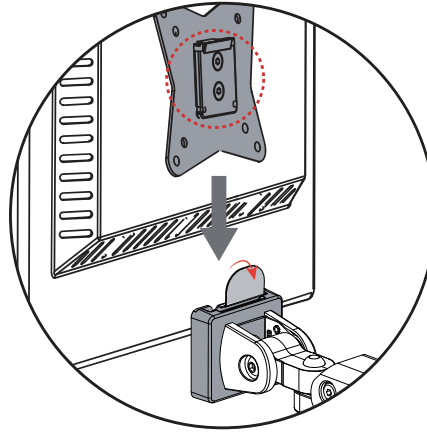
For Flat Back Monitor  
M4 x 12



For Curved Back Monitor  
M4 x 30



## 3-2 Attach Monitor to the Head of Arm

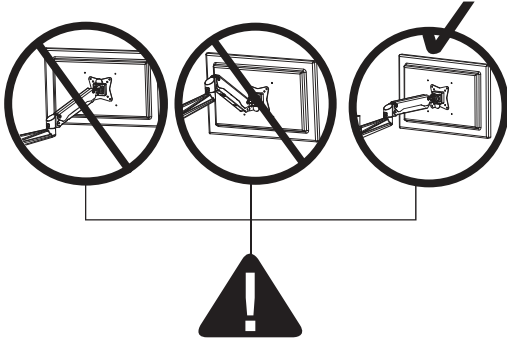


## Supplied Hardware for Step 4



3/16" (5mm)  
Large Allen Key  
M x 1

## Step 4 Adjust the Gas Spring Tension



Ensure the arm is held in a horizontal position (parallel to desktop) during adjustment. Failing to do so may result in difficulty adjusting or potential damage to the mount.

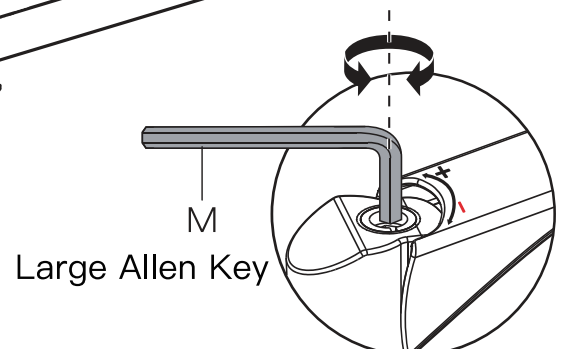
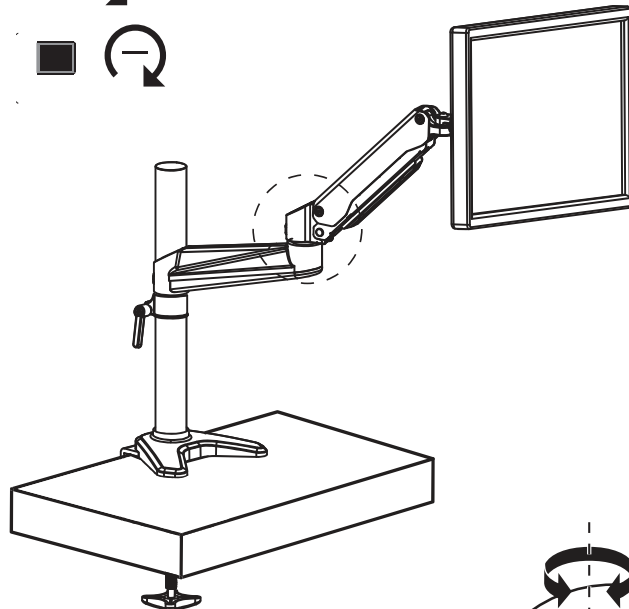
1. IF the gas spring arm RISES with the monitor attached, hold the arm in a horizontal position while using the large Allen Key (M) to turn the adjustment bolt CLOCKWISE, REDUCING the arm tension.

2. IF the gas spring arm LOWERS with the monitor attached, hold the arm in a horizontal position while using the large Allen Key (M) to turn the adjustment bolt COUNTER-clockwise, INCREASING the arm tension.

### ⚠ WARNING!

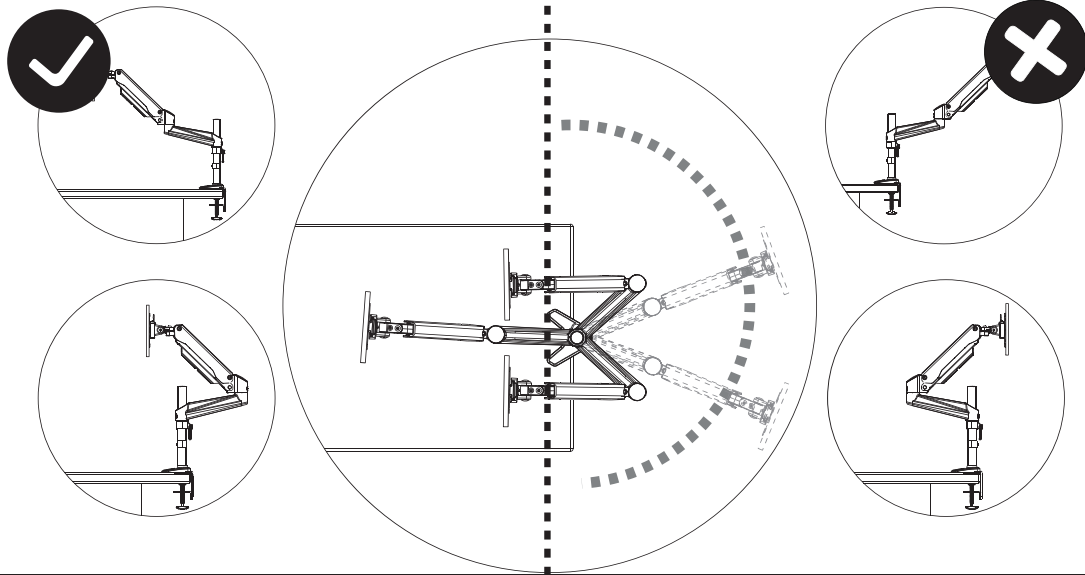


Gas Spring arm is under pressure and should be handled with care. Failure to follow the instructions may result in damage to the mount and/or personal injury.



## Step 5 Rotation Restriction

To ensure proper stability, monitor and arm should remain over the desktop. Failure to do so could result in property damage or injury.



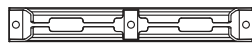
## Supplied Parts and Hardware for Step 6



**Bolt**  
M5 x 6 mm  
E x 3



**Cable Clip**  
F x 1



**Cover**  
S x 1



**1/8" (3mm)  
Small Allen Key**  
K x 1



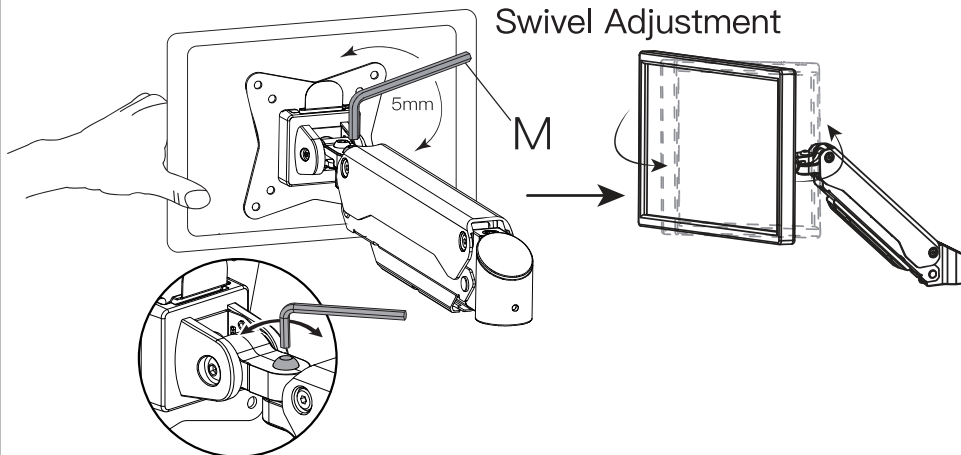
**5/32" (4mm)  
Medium Allen Key**  
L x 1



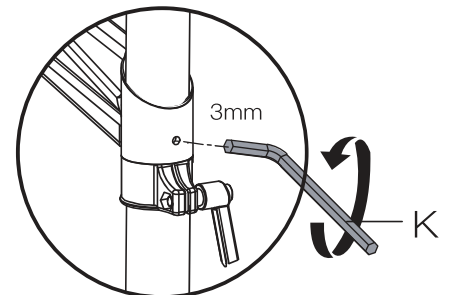
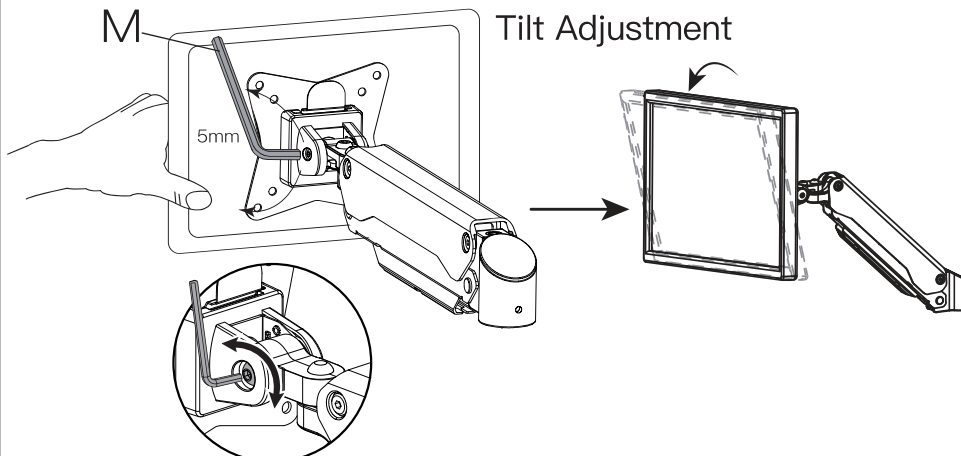
**3/16" (5mm)  
Large Allen Key**  
M x 1

## Step 6 Tilt and Swivel Adjustments

Swivel Adjustment

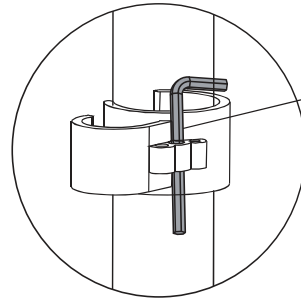
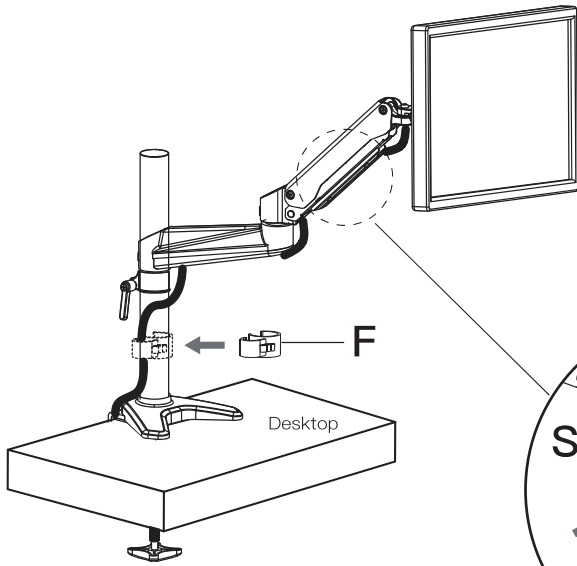


Tilt Adjustment



To ensure the functions, don't over-tighten the screws

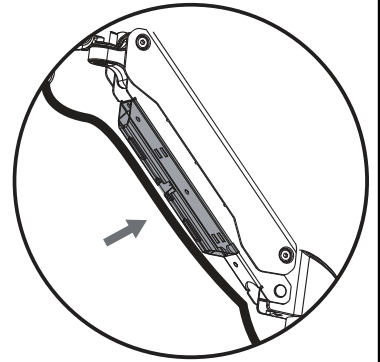
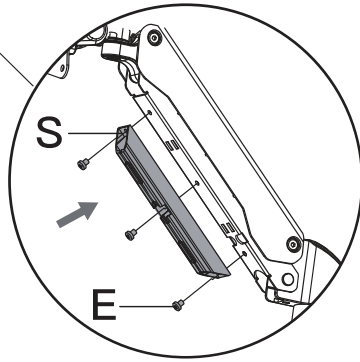
# Step 7 Manage the Cables and Store the Allen Keys



K  
L  
M



Use the cable clip to manage the wrenches when not used.





## CONSIGNES DE SECURITE IMPORTANTES

• Veuillez lire attentivement toutes les instructions avant de tenter l'installation. Si les instructions ne vous semblent pas claires ou si vous avez des questions, veuillez contacter notre service d'assistance technique au (877) 419-7832 ou notre service clientèle à l'adresse [support@ergoav.com](mailto:support@ergoav.com).

**⚠ ATTENTION :** Évitez risques de blessures et de dommages matériels!

- N'utilisez pas ce produit à des fins qui ne sont pas explicitement spécifiées dans ce manuel. Ne dépassez pas la capacité de charge. Nous ne sommes pas responsables des dommages ou blessures causés par un montage incorrect, un assemblage incorrect ou une utilisation inappropriée.
- N'utilisez pas ce produit sur des bureaux en panneaux de particules ou autres bois mous.
- Les informations contenues dans ce manuel ne couvrent pas toutes les conditions ou variables possibles en relation avec l'installation de ce produit.

## Restrictions de poids



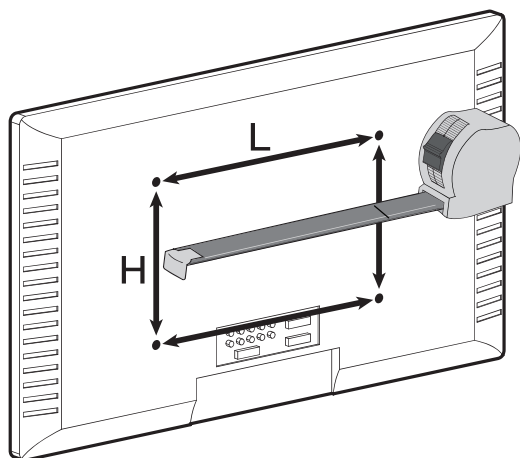
Si votre moniteur pèse plus lourd, ce support n'est PAS compatible. Le moniteur ne doit pas dépasser le poids maximal indiqué.

### ⚠ AVERTISSEMENT

NE PAS dépasser le poids maximum indiqué. Ce système de montage est destiné à être utilisé uniquement dans les limites des poids maximaux indiqués. L'utilisation de produits plus lourds que les poids maximaux indiqués peut entraîner une défaillance du support et de ses accessoires, causant des dommages et/ou des blessures.

Il est de la responsabilité de l'installateur de vérifier le poids total des moniteurs et de tout accessoire attaché. Ne pas dépasser la limite de poids indiquée.

## Vérifiez le motif VESA de votre moniteur avant l'installation



75mm ≈ 3 po  
100mm ≈ 4 po

### Mesurez le motif VESA de votre moniteur :

Minimum : 75mm x 75mm / 3 po x 3 po (L x H)

Maximum : 100mm x 100mm / 4 po x 4 po (L x H)

Si le motif VESA de votre moniteur est inférieur à 75 mm x 75 mm ou supérieur à 100 mm x 100 mm, ce support n'est PAS COMPATIBLE avec votre moniteur. Veuillez contacter notre support technique au (877) 419-7832 ou [support@ergoav.com](mailto:support@ergoav.com) pour trouver un support compatible.

# LE RÉGLAGE DE LA TENSION DOIT ÊTRE EFFECTUÉ UNIQUEMENT APRÈS L'INSTALLATION DU MONITEUR

 **Attention**

**NE PAS régler la tension sans moniteur attaché.**

1. Vérifiez que le poids de votre moniteur (y compris celui des accessoires) est inférieur à 2.2~17 lbs (1 kg ~ 7.7 kg).
2. Les informations sur le poids du moniteur se trouvent dans sa boîte ou dans son manuel.
3. Assurez-vous que le moniteur a été solidement fixé au support.

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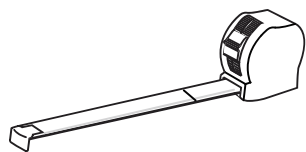
## AVERTISSEMENT :

- Le bras du ressort à gaz est sous pression et doit être manipulé avec précaution.
- Si vous ne suivez pas les instructions, vous risquez d'endommager le support et/ou de vous blesser.

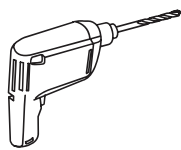


## Outils nécessaires (non inclus)

Pour le montage des passe-fils (facultatif)



Mètre ruban



Perceuse (facultatif)



Foret 7/16–7/8 po (11–22 mm)  
(facultatif)

Pour fixation des plaques de moniteur aux moniteurs



Tournevis cruciform

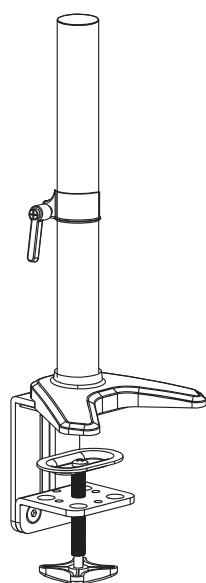
## Pièces et matériel fournis

**⚠ AVERTISSEMENT :** Ce produit contient des petits objets susceptibles de présenter un risque d'étouffement en cas d'ingestion.

Avant de commencer l'assemblage, vérifiez que toutes les pièces sont incluses et en bon état. N'utilisez pas de pièces endommagées ou défectueuses. Si vous avez besoin de pièces de rechange, veuillez contacter notre ligne d'assistance technique au (877) 419-7832 ou notre service clientèle à l'adresse support@ergoav.com.

- Noter : le matériel inclus dans cet ensemble ne sera pas utilisé en totalité.

## Pièces et matériel fournis pour l'étape 1



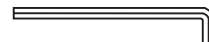
Pilier  
O (x1)



1/8 po (3 mm)  
petite clé Allen  
K x 1



5/32 po (4 mm)  
moyenne clé Allen  
L x 1

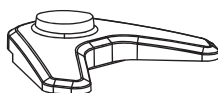


3/16 po (5 mm)  
grande clé Allen  
M x 1

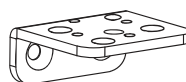
Tous ces éléments sont inclus dans O.



Plaque  
de support  
T (x1)



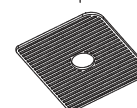
Base  
U (x1)



Plaque  
inférieure  
V (x1)

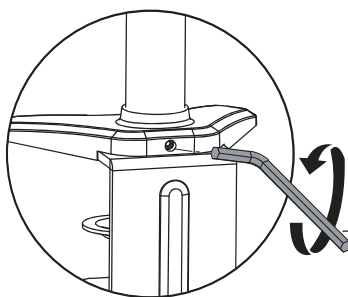


Boulon  
W (x1)



Coussin en  
caoutchouc  
X (x1)

## Étape 1 Installation de la base

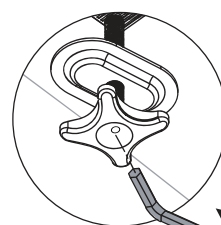
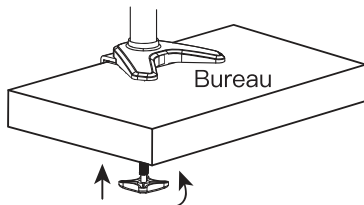
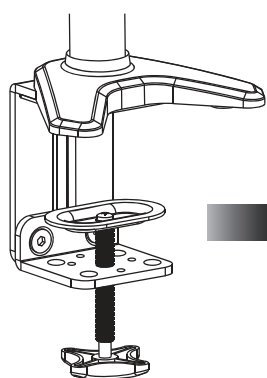


Avant l'installation de la base, vous pouvez serrer le pilier [O] à l'aide de la clé Allen [K].

K  
1/8 po (3 mm)  
petite clé Allen

## Installation du serre-joint en C de l'option A

Fixez le pilier [O] sur le bureau. Tournez la clé à molette pour fixer fermement le pilier [O] sur le bureau. Vous pouvez également utiliser la clé Allen [M] pour serrer.



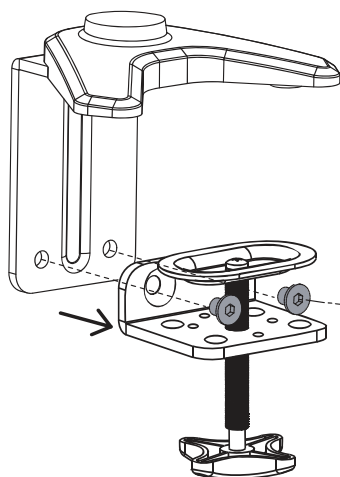
M  
3/16 po (5 mm)  
grande clé Allen

Pour l'épaisseur du bureau : 3/4 po – 3 1/8 po (20 mm – 80mm)

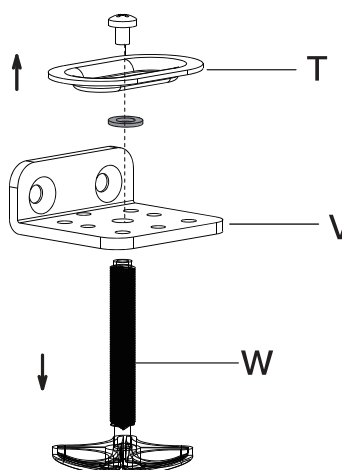
## Option B Installation du trou d'oeillet existant

REMARQUE : Si votre bureau est doté d'un trou d'oeillet existant avec un couvercle en plastique, retirez-le avant l'installation.

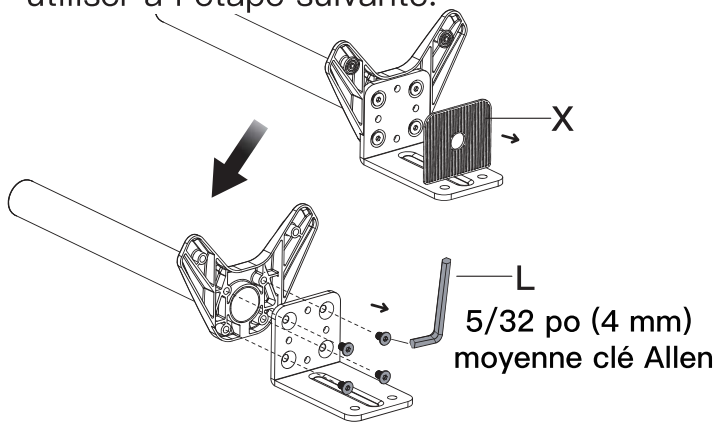
1. Utilisez la clé Allen [M] fournie pour retirer les boulons préassemblés du serre-joint en C. Séparez le serre-joint en C de la plaque de support [T], de la plaque inférieure [V] et du boulon [W] avec la clé à molette.



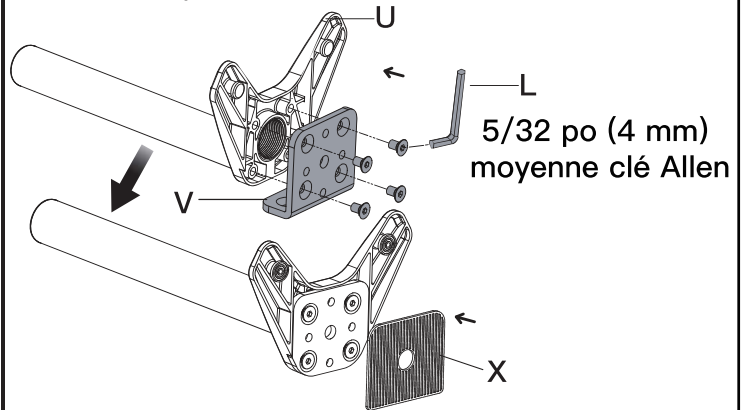
M  
3/16 po (5 mm)  
grande clé Allen



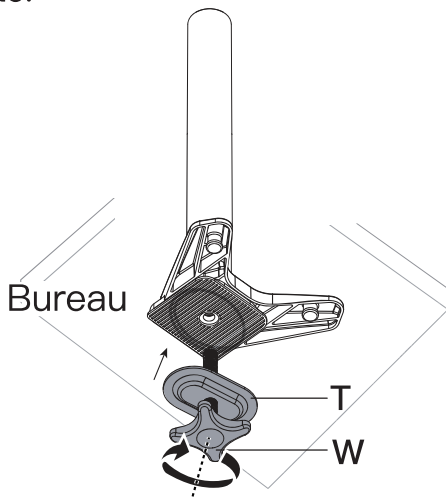
**2.** Retirez le coussin en caoutchouc [X] et desserrez les quatre boulons de la base pour détacher le serre-joint en C à l'aide de la clé Allen [L]. Conservez-les pour les utiliser à l'étape suivante.



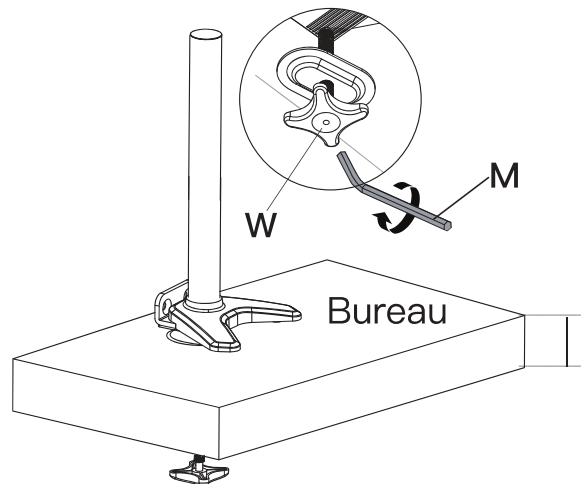
**3.** Aligner les trous de la plaque inférieure [V] avec ceux de la base [U] et les fixer à l'aide des boulons retirés et de la clé Allen [L]. Collez ensuite le coussin en caoutchouc [X] sur la partie inférieure de la base [U].



**4.** Positionnez le pilier [O] sur la surface de montage et fixez-le à l'aide de la plaque de support [T] et du boulon [W] avec la clé à molette.



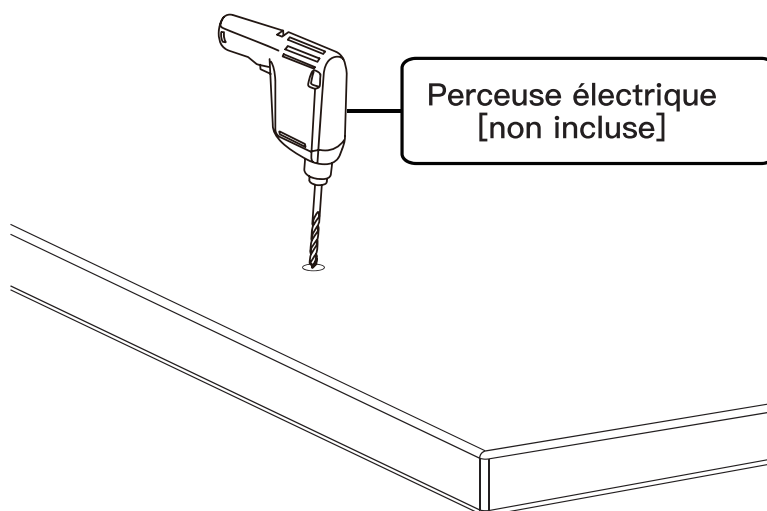
**5.** Vous pouvez également utiliser la clé Allen [M] pour serrer.



Pour l'épaisseur du bureau :  
3/4 po – 2 3/4 po (20mm – 70mm)

## Option C Trou d'oeillet auto-percé

**1.**



Perceuse électrique  
[non incluse]

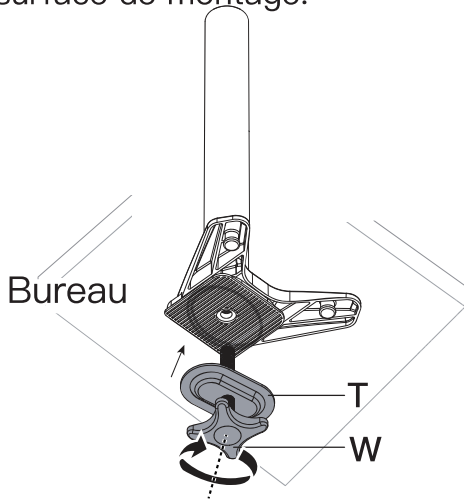


Perceuse (facultatif)  
[non incluse]

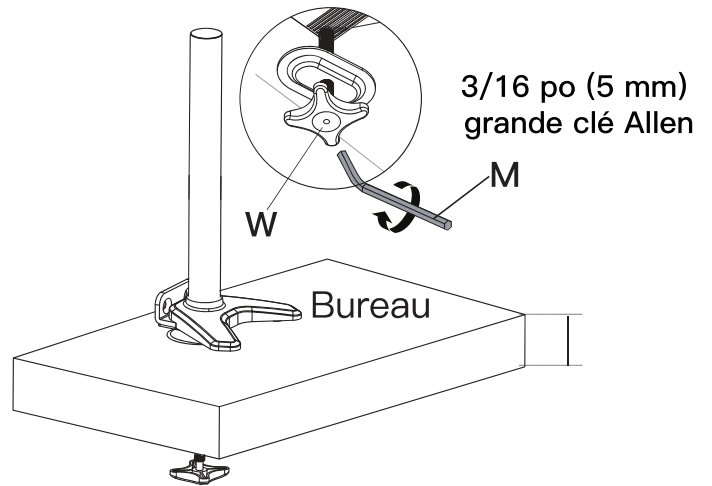


Foret de 7/16-7/8  
po (11-22 mm) (facultatif)  
[non inclus]

**2.** Faites une marque pour le trou central sur votre surface de montage. Utilisez un foret de 15/32 po (12 mm) minimum et de 3/4 po (20 mm) maximum et percez un trou sur la surface de montage.



**3.** Revenez à l'option B et suivez les étapes.



Pour l'épaisseur du bureau :  
3/4 po – 2 3/4 po (20mm – 70mm)

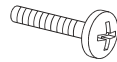
## Pièces et matériel fournis pour l'étape 2



Bras  
Q (x1)



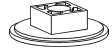
Bras d'extension  
R (x1)



Boulon  
M8 x 16 mm  
H (x1)



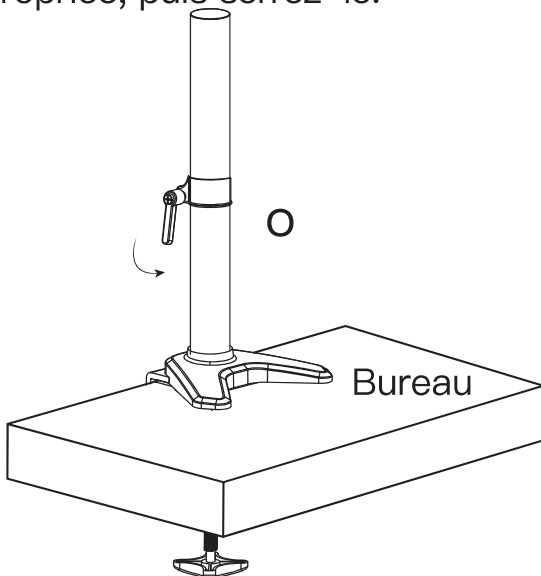
Couverture  
décorative  
I (x1)



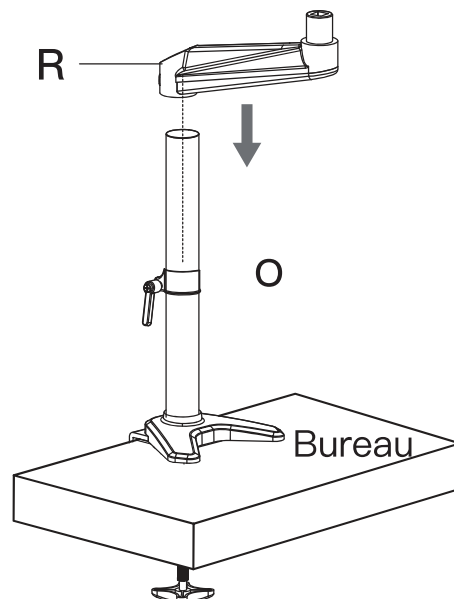
Rondelle  
J (x1)

## Étape 2 Fixez le bras au pilier

**1** Déplacez l'anneau de positionnement à la hauteur appropriée, puis serrez-le.

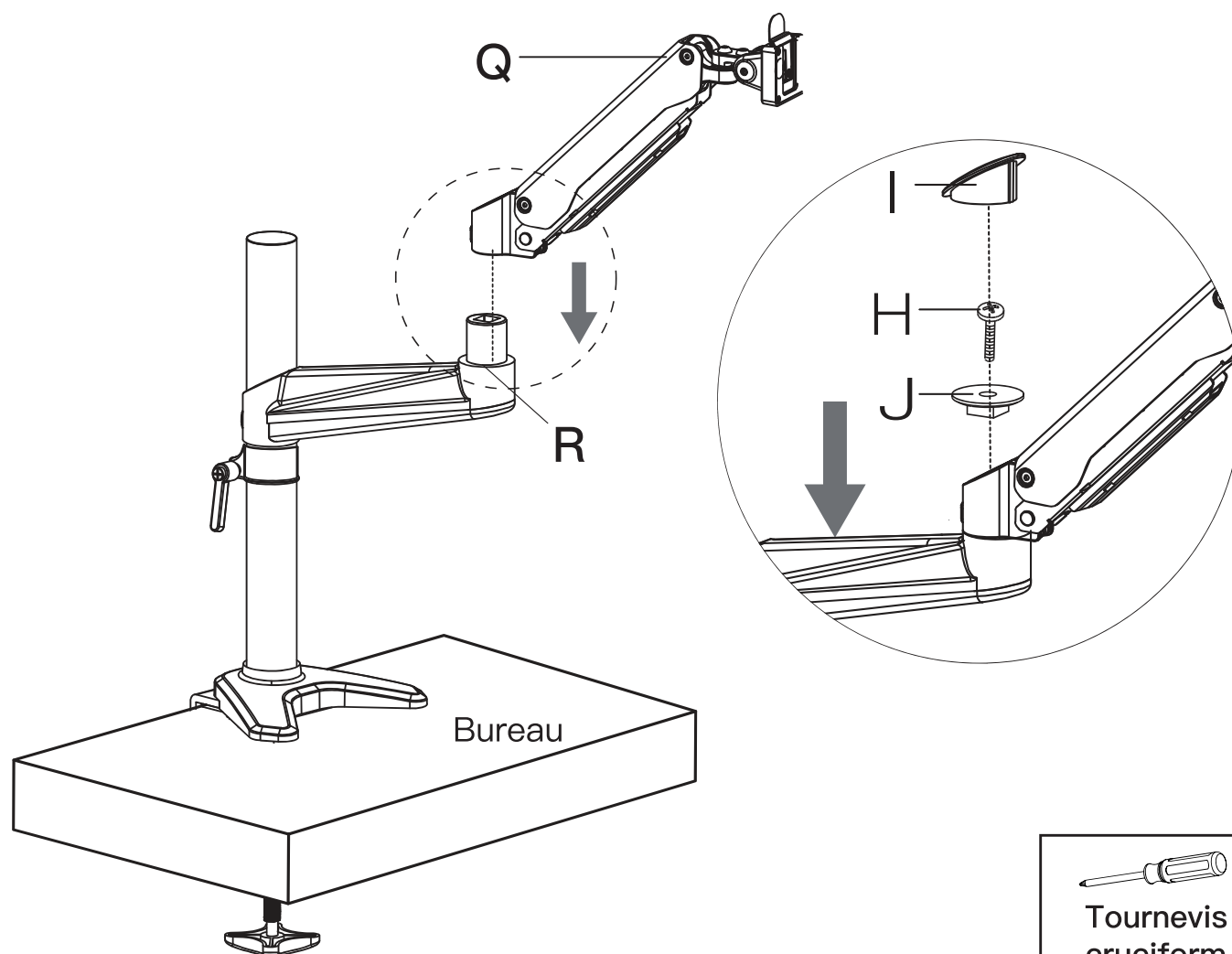


**2** Faites glisser le bras d'extension [R] sur le pilier [O].



**3**

Faites glisser le bras [Q] sur le bras d'extension [R] et fixez-le avec le boulon [H] et la rondelle [J] à l'aide d'un tournevis cruciforme à empreinte phillips. Fixez ensuite le revêtement décoratif [I].



Tournevis  
cruciform  
[non inclus]

## Pièces et matériel fournis pour l'étape 3



Boulon  
M4 x 12 mm  
A x 4



Boulon  
M4 x 30 mm  
B x 4



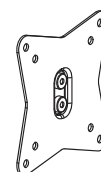
Rondelle en acier D4  
C x 4



Entretoise  
18 x 8.2 x 12.3 mm  
D x 4



Entretoise  
17 x 6.2 x 5.4 mm  
G x 4



Plaque de contrôle  
P x 1



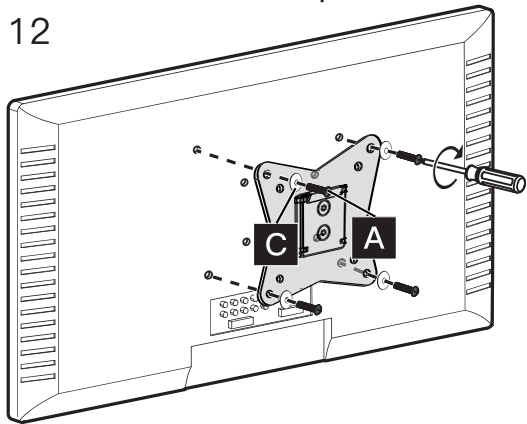
## Étape 3 Fixez la plaque du moniteur au moniteur

3-1 Sélectionnez les boulons de votre moniteur

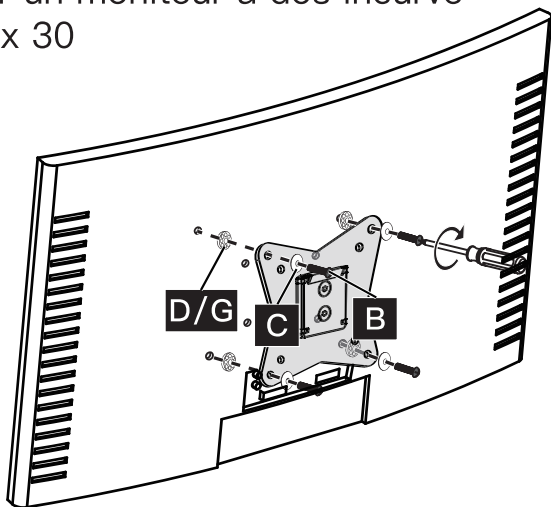


Tournevis  
cruciform  
[non inclus]

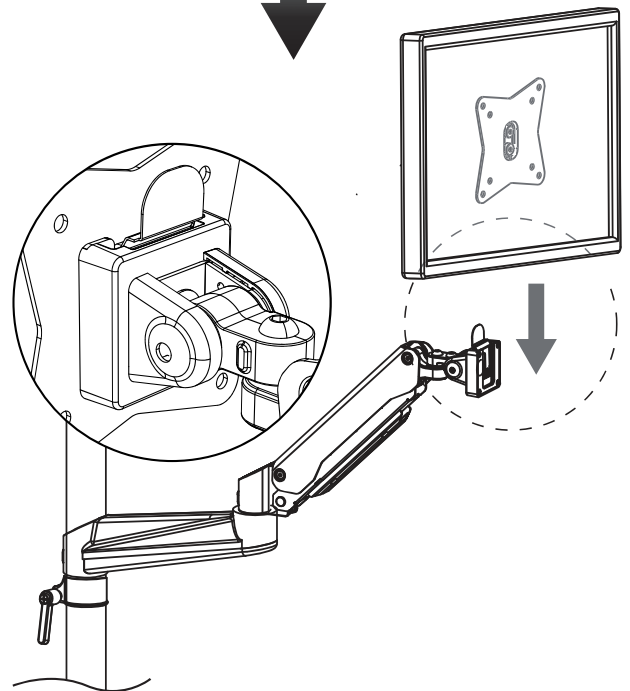
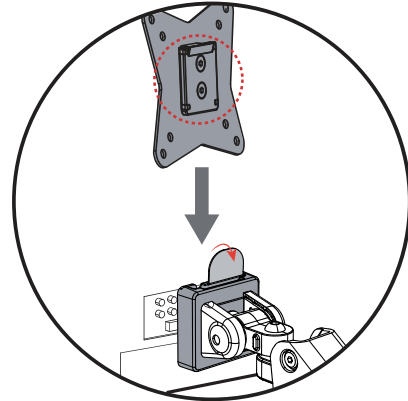
Pour un moniteur à dos plat  
M4 x 12



Pour un moniteur à dos incurvé  
M4 x 30



3-2 Fixez le moniteur à la tête du bras



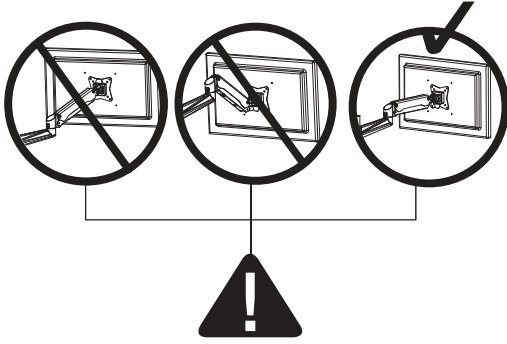
## Pièces et matériel fournis pour l'étape 4



3/16 po (5 mm)  
grande clé Allen  
M x 1



## Étape 4 Régler la tension du ressort à gaz



Assurez-vous que le bras est maintenu en position horizontale (parallèle au bureau) pendant le réglage. Si vous ne le faites pas, vous risquez de rencontrer des difficultés de réglage ou d'endommager le support.

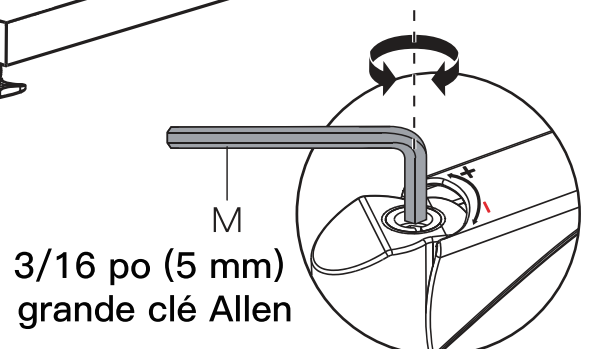
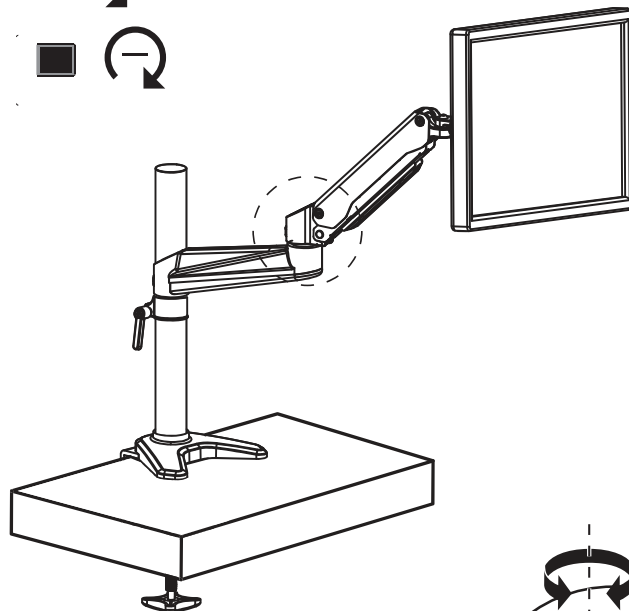
1. Si le bras du ressort à gaz se soulève lorsque le moniteur est fixé, maintenez le bras en position horizontale tout en utilisant la grande clé Allen (M) pour tourner le boulon de réglage dans le sens des aiguilles d'une montre, afin de RÉDUIRE la tension du bras.

2. Si le bras du ressort à gaz s'abaisse lorsque le moniteur est fixé, maintenez le bras en position horizontale tout en utilisant la grande clé Allen (M) pour tourner le boulon de réglage dans le sens inverse des aiguilles d'une montre, augmentant ainsi la tension du bras.

### ⚠ AVERTISSEMENT !



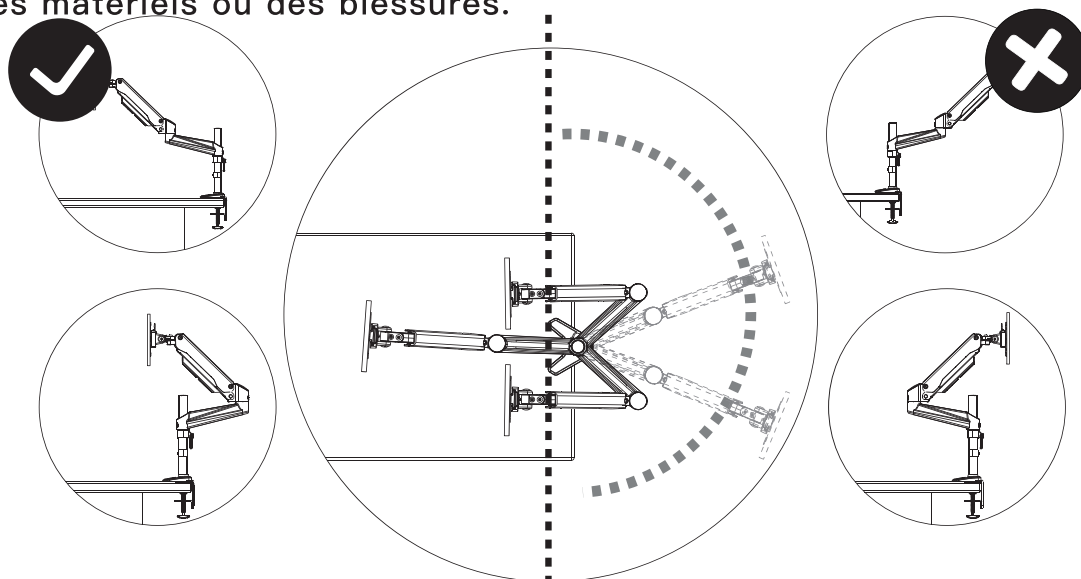
Le bras du ressort à gaz est sous pression et doit être manipulé avec précaution. Si vous ne suivez pas les instructions, vous risquez d'endommager le support et/ou de vous blesser.



M  
3/16 po (5 mm)  
grande clé Allen

## Étape 5 Restriction de la rotation

Pour assurer une bonne stabilité, les moniteurs et les bras doivent rester au-dessus du bureau. Le non-respect de cette consigne peut entraîner des dommages matériels ou des blessures.



## Pièces et matériel fournis pour l'étape 6



Boulon  
M5 x 6 mm  
E x 3



Pince à câble  
F x 1



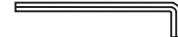
Revêtement  
S x 1



1/8 po (3 mm)  
petite clé Allen  
K x 1



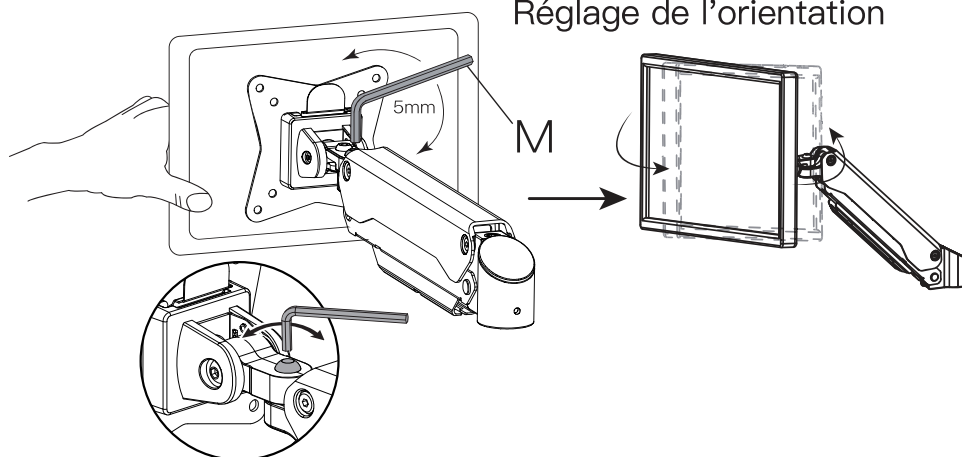
5/32 po (4 mm)  
moyenne clé Allen  
L x 1



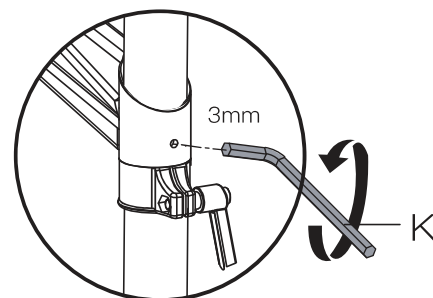
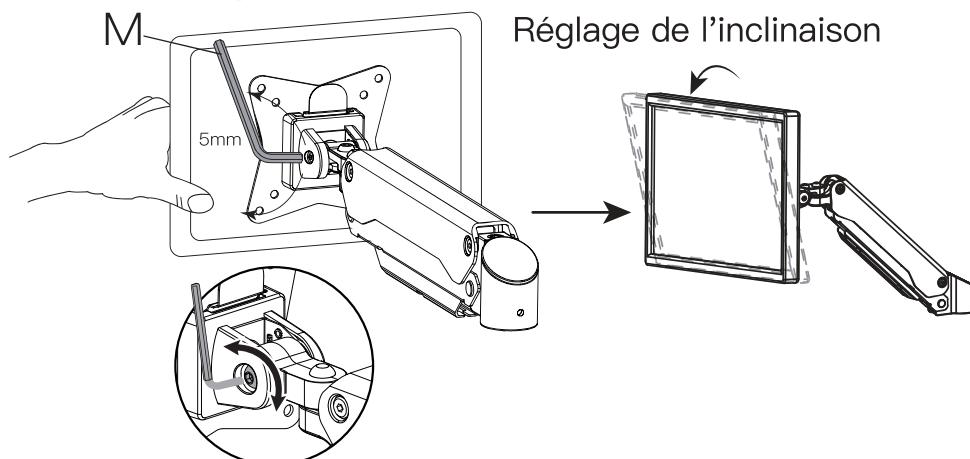
3/16 po (5 mm)  
grande clé Allen  
M x 1

## Étape 6 Réglages des fonctions d'inclinaison et de pivotement

Réglage de l'orientation

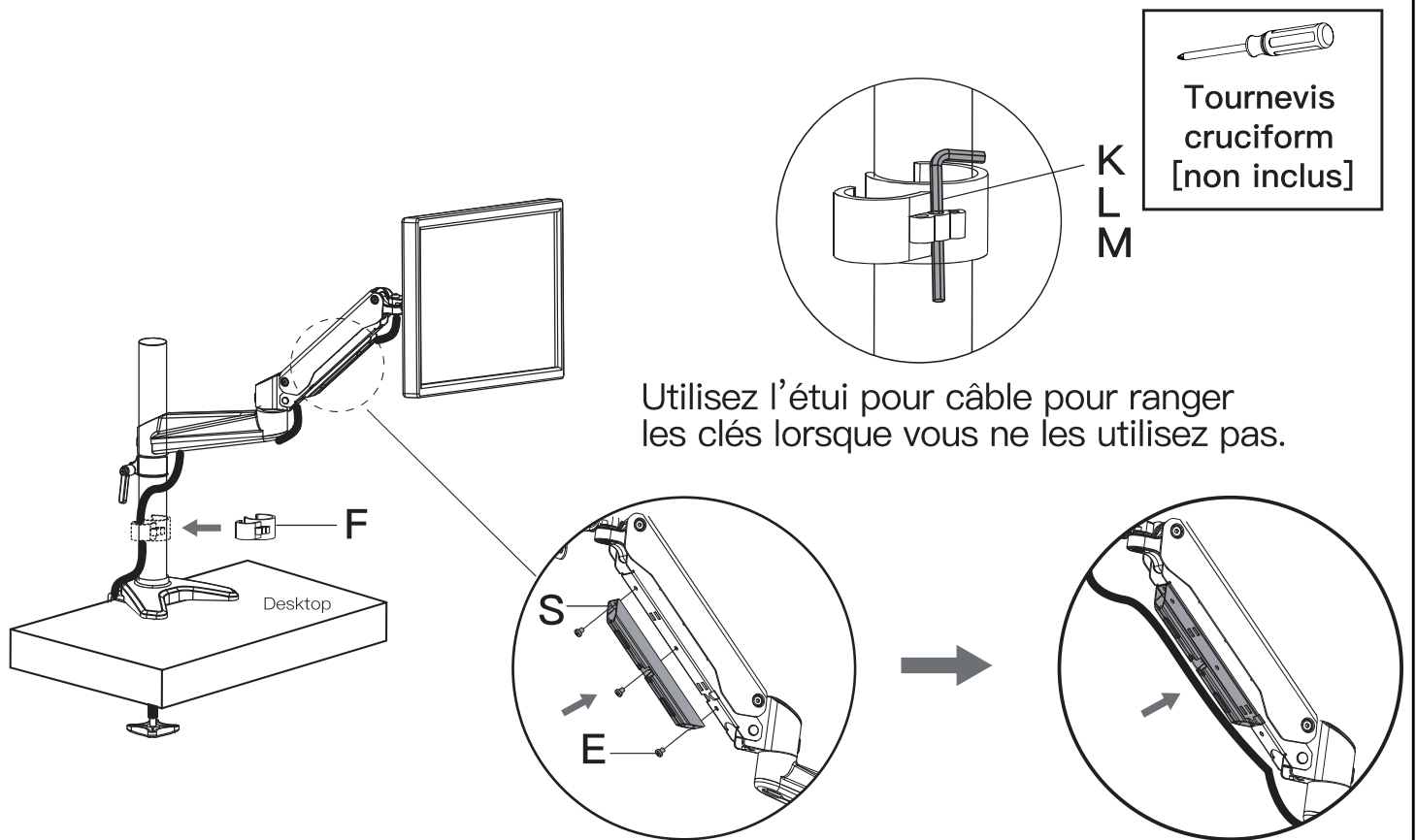


Réglage de l'inclinaison



Pour assurer les fonctions, évitez de trop serrer les vis

## Étape 7 Gestion des câbles et rangement des clés Allen



## INFORMACIÓN IMPORTANTE DE SEGURIDAD

• Lea todas las instrucciones detenidamente antes de proceder a la instalación. Si no entiende las instrucciones o tiene alguna duda o consulta, póngase en contacto con nuestra línea de asistencia técnica llamando al (877) 419-7832, o escribiendo al servicio de atención al cliente en [Support@ergoav.com](mailto:Support@ergoav.com).

⚠ **PRECAUCIÓN:** ¡Evite posibles lesiones y daños materiales!

- No utilice este producto con ningún fin que no sea el especificado explícitamente en este manual. No supere la capacidad de peso. No nos hacemos responsables de posibles daños o lesiones causados por un montaje incorrecto, errores de ensamblaje o uso inadecuado.
- No use este producto en escritorios fabricados con tableros de aglomerado u otras maderas suaves.
- La información contenida en este manual no cubre todas las condiciones o variables posibles en relación con la instalación de este producto.

## Límites de peso



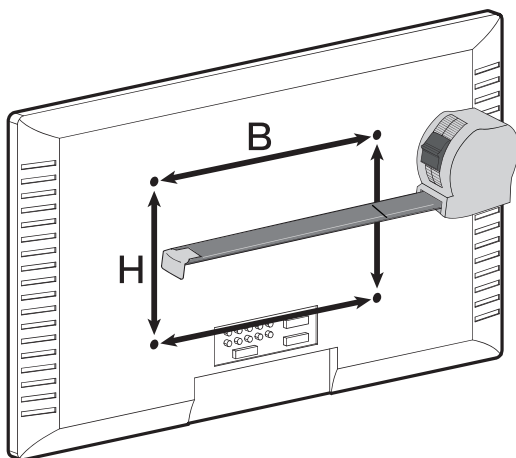
Si su monitor pesa más, este soporte NO es compatible. El monitor no debe exceder el peso máximo que se enumera.

### ⚠ ADVERTENCIA

NO exceda el límite máximo indicado de peso. Solo se puede utilizar este sistema de soporte si se no se sobrepasa los pesos máximos indicados. Si se utiliza con productos que sobrepasan los pesos máximos indicados es posible que el soporte y sus accesorios tengan fallas, y provoquen daños y/o lesiones.

Queda a responsabilidad del instalador verificar el peso total de los monitores y de cualquier accesorio acoplado. No se debe exceder del límite de peso establecido. No se debe exceder del límite de peso establecido.

## Compruebe el patrón VESA de su monitor antes de realizar la instalación



75mm ≈ 3 pulg  
100mm ≈ 4 pulg

### Mida el patrón VESA de su monitor:

Mínimo: 75mm x 75mm / 3 pulg x 3 pulg (ancho x alto)  
Máximo: 100mm x 100mm / 4 pulg x 4 pulg (ancho x alto)

Si el patrón VESA de su monitor mide menos de 75 mm x 75 mm o es más grande que 100 mm x 100 mm, este soporte NO ES COMPATIBLE con su monitor. Contáctese con nuestro soporte técnico al (877) 419-7832 o en [support@ergoav.com](mailto:support@ergoav.com) para encontrar un montaje compatible.

# EL AJUSTE DE LA TENSIÓN DEBE REALIZARSE SÓLO DESPUÉS DE LA INSTALACIÓN DEL MONITOR

 **Atención**

**NO ajuste la tensión sin que el monitor esté montado.**

1. Verifique que el peso de su monitor (incluyendo los accesorios) sea inferior a 2.2~17 libras (1 kg ~7.7 kg).
2. La información sobre el peso del monitor se encuentra en su caja o en el manual.
3. Asegúrese de que el monitor se ha fijado con seguridad al montaje.

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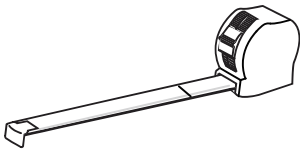
## **ADVERTENCIA:**

- El brazo del resorte de gas está bajo presión y debe manejarse con cuidado.
- El incumplimiento de las instrucciones puede provocar daños en el soporte y/o lesiones personales.

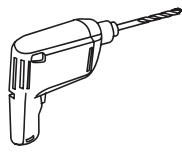


## Herramientas necesarias (no incluidas)

Para el montaje de la arandela (Opcional)



Cinta métrica



Taladro (Opcional)



Broca de 7/16–7/8 pulg. (11–22 mm)  
(opcional)

Para la fijación de las placas de monitor a los monitores



Destornillador Phillips

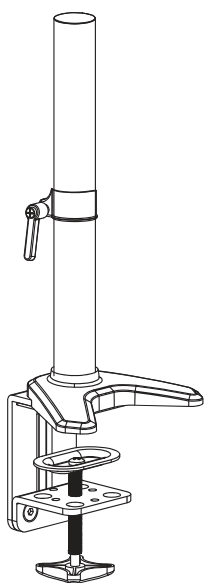
## Piezas y herramientas provistas

**⚠ ADVERTENCIA:** Este producto contiene piezas pequeñas que pueden representar un riesgo de atragantamiento si se ingieren.

Antes de iniciar el montaje, compruebe que todas las piezas estén incluidas e intactas. No utilice piezas dañadas o defectuosas. Si necesita piezas de repuesto, póngase en contacto con nuestra línea de asistencia técnica al (877) 419–7832 o con el servicio de atención al cliente en [support@ergoav.com](mailto:support@ergoav.com)

- **Tenga en cuenta lo siguiente:** Es posible que no necesite usar todos los herrajes incluidos en este envase.

## Pieza suministrada para el paso 1



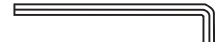
Pilier  
O (x1)



1/8 po (3 mm)  
petite clé Allen  
K x 1



5/32 po (4 mm)  
moyenne clé Allen  
L x 1

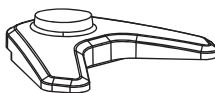


3/16 po (5 mm)  
grande clé Allen  
M x 1

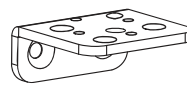
Tous ces éléments sont inclus dans O.



Plaque  
de support  
T (x1)



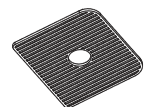
Base  
U (x1)



Plaque  
inférieure  
V (x1)

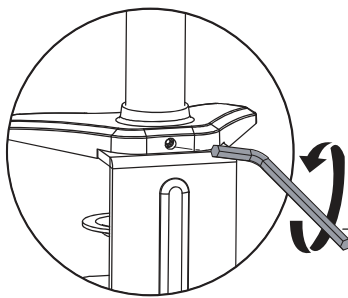


Boulon  
W (x1)



Coussin en  
caoutchouc  
X (x1)

## Paso 1 Instalar la base

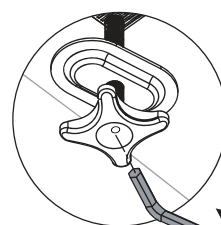
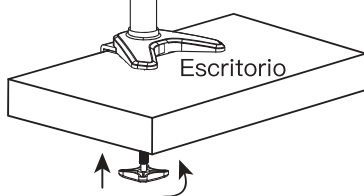
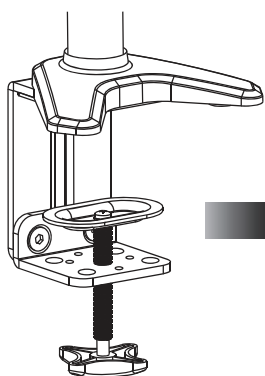


Antes de instalar la base, puede apretar el conjunto de pilares [O] con la llave Allen [K].

K  
1/8 po (3 mm)  
petite clé Allen

## Opción A Instalación de la abrazadera en C

Fije el conjunto de pilares [O] al escritorio. Gire la perilla para asegurar firmemente el conjunto de pilares [O] al escritorio. También puede utilizar la llave Allen [M] para apriete.



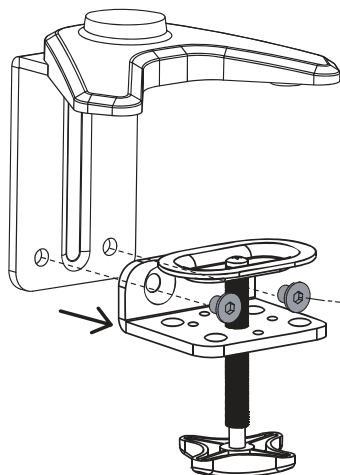
M  
3/16 po (5 mm)  
grande clé Allen

Para el espesor del escritorio: 3/4 pulg. – 3 1/8 pulg. (20 mm – 80mm)

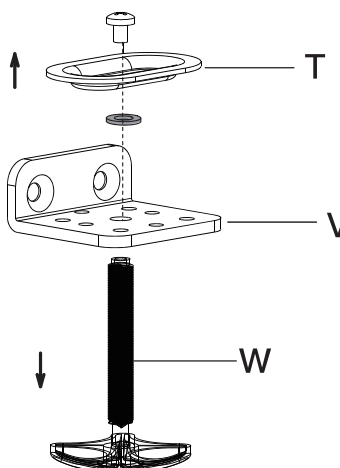
## Opción B Instalación del agujero de ojal existente

NOTA: Si su escritorio tiene un agujero de ojal existente con una cubierta de plástico, retírelo antes de realizar la instalación.

1. Utilice la llave Allen suministrada [M] para retirar los pernos premontados en la abrazadera en C. Separe la abrazadera en C en la placa de soporte [T], la placa inferior [V] y el perno [W] con la perilla fijada.

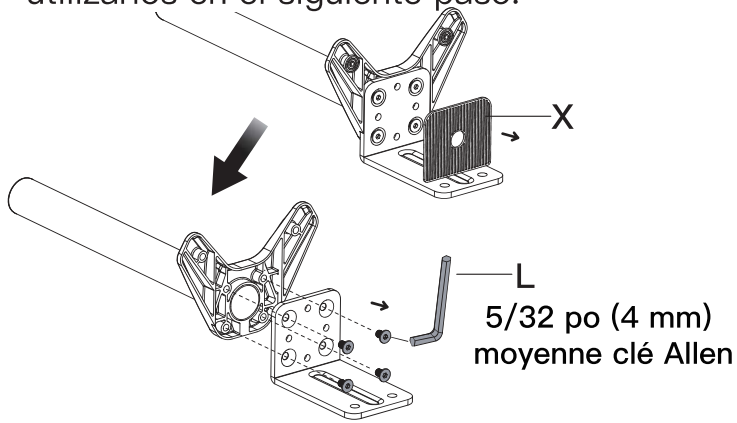


M  
3/16 po (5 mm)  
grande clé Allen

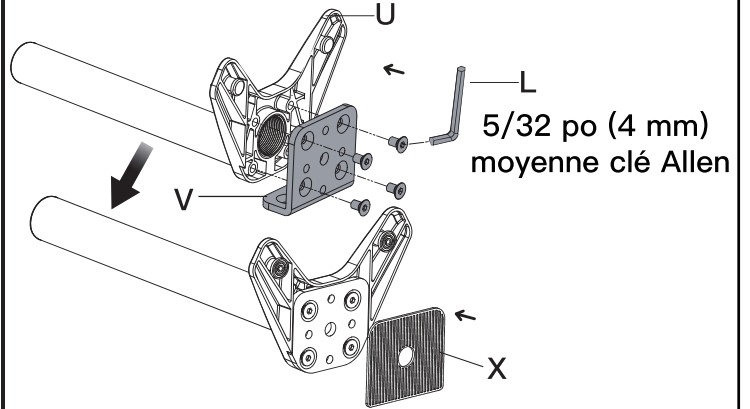




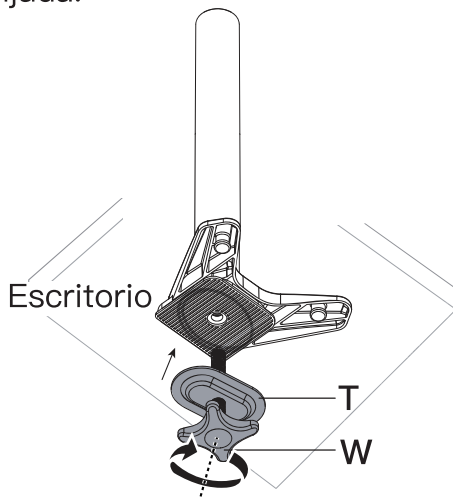
**2.** Retire la almohadilla de goma [X] y afloje los cuatro pernos de la parte inferior de la base para separar la abrazadera en C con la llave Allen [L]. Consérvelos para utilizarlos en el siguiente paso.



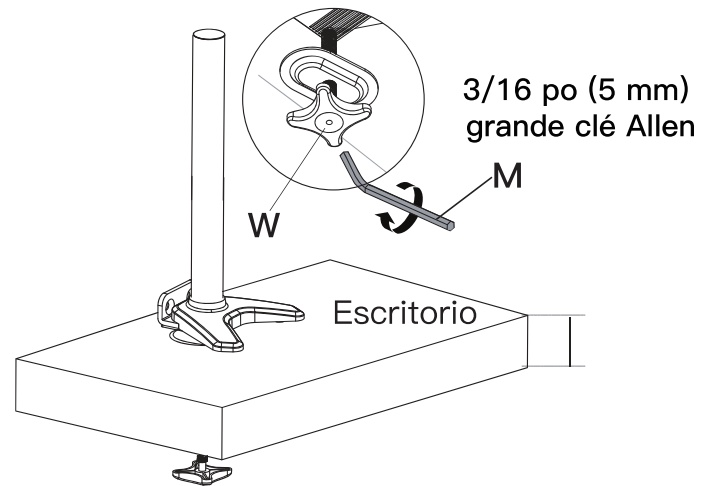
**3.** Alinee los agujeros de la placa inferior [V] con los agujeros de la base [U] y fíjelos con los pernos retirados y la llave Allen [L]. A continuación, adhiera la almohadilla de goma [X] a la parte inferior de la base [U].



**4.** Coloque el conjunto de pilares [O] sobre la superficie de montaje y asegúrelo utilizando la placa de soporte [T] y el perno [W] con la perilla fijada.



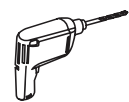
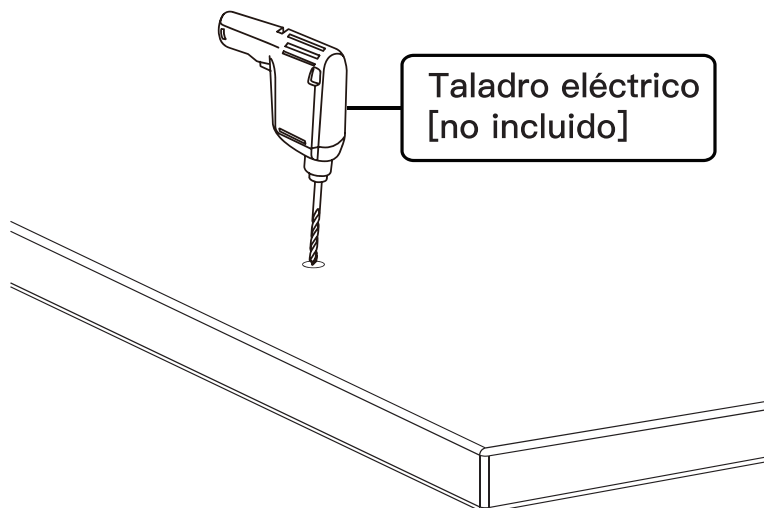
**5.** También puede utilizar la llave Allen [M] para apriete.



Para el espesor del escritorio:  
3/4 pulg. - 2 3/4 pulg. (20mm - 70mm)

## Opción C Agujero de ojal autoperforado

**1.**



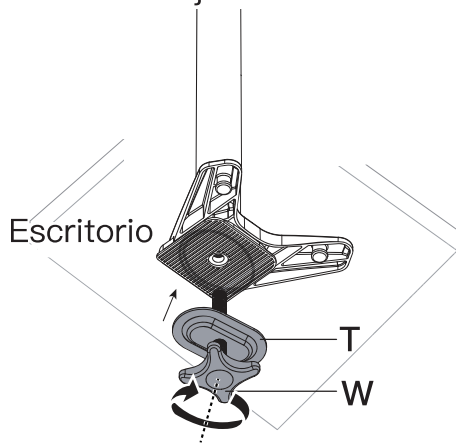
Taladro eléctrico  
[no incluido]



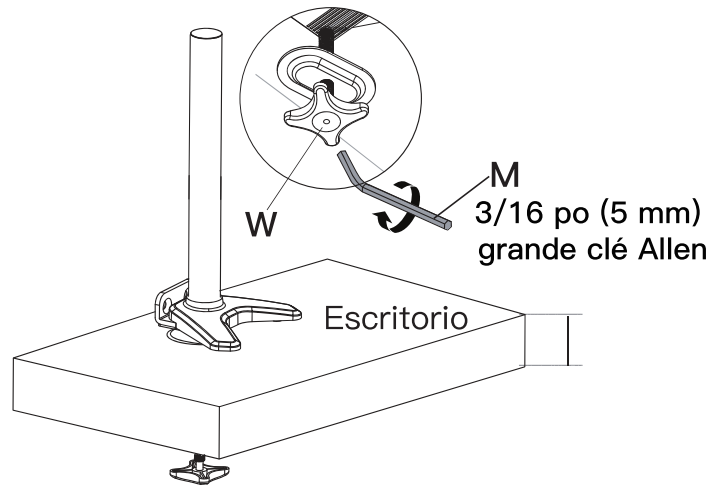
Broca de 7/16-7/8 pulg.  
(11-22 mm) (opcional)  
[no incluida].



**2.** Haga una marca para el agujero central en su superficie de montaje. Utilice una broca de 15/32 pulg. (12 mm) como mínimo y de 3/4 pulg. (20 mm) como máximo y perforo un agujero en la superficie de montaje.



**3.** Vuelva a la opción B y siga los pasos.



Para el espesor del escritorio:  
3/4 pulg. - 2 3/4 pulg. (20mm - 70mm)

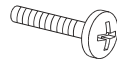
## Piezas y herrajes suministrados para el paso 2



Brazo  
Q (x1)



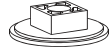
Brazo de extensión  
R (x1)



Perno  
M8 x 16 mm  
H (x1)



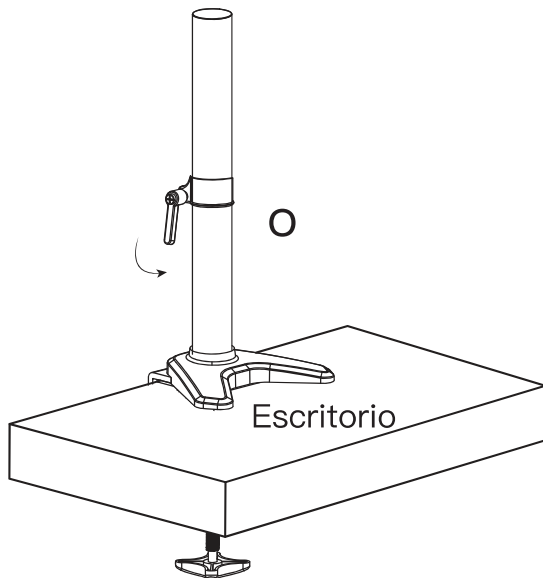
Cubierta  
decorativa  
I (x1)



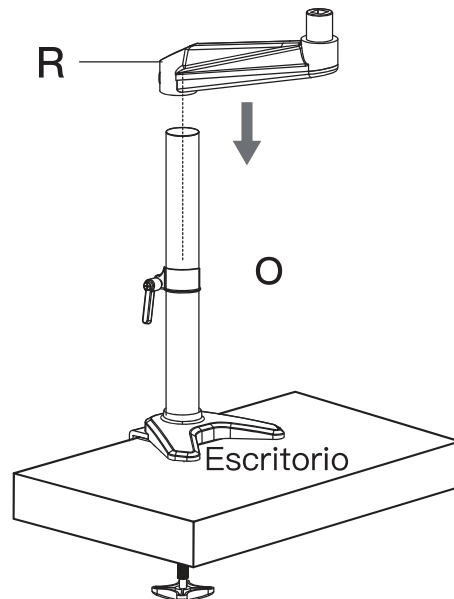
Arandela  
J (x1)

## Paso 2: Coloque el brazo en el conjunto de pilares

**1** Mueva el anillo de localización a la altura adecuada, luego apriételo.

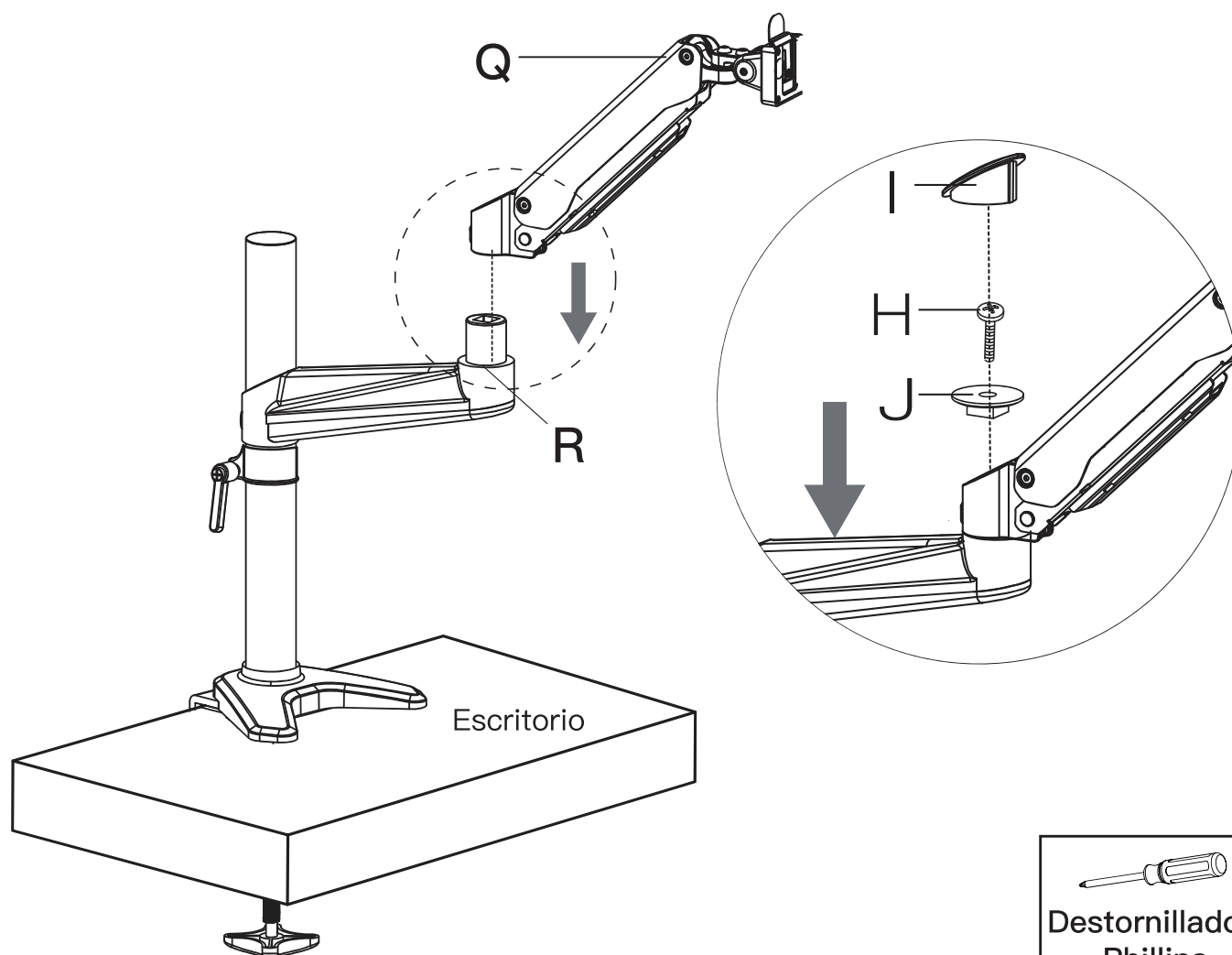


**2** Deslice el brazo de extensión [R] en el conjunto de pilares [O].



**3**

Deslice el brazo [Q] en el brazo de extensión [R] y asegúrelo con el perno [H] y la arandela [J] utilizando un destornillador Phillips. Luego coloque la cubierta decorativa [I].

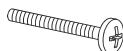


  
Destornillador  
Phillips  
[No incluido]

### Piezas y herrajes suministrados para el paso 3



Perno  
M4 x 12 mm  
A x 4



Perno  
M4 x 30 mm  
B x 4



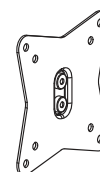
Arandela de acero D4  
C x 4



Espaciador  
18 x 8.2 x 12.3 mm  
D x 4



Espaciador  
17 x 6.2 x 5.4 mm  
G x 4



Placa de monitor  
P x 1

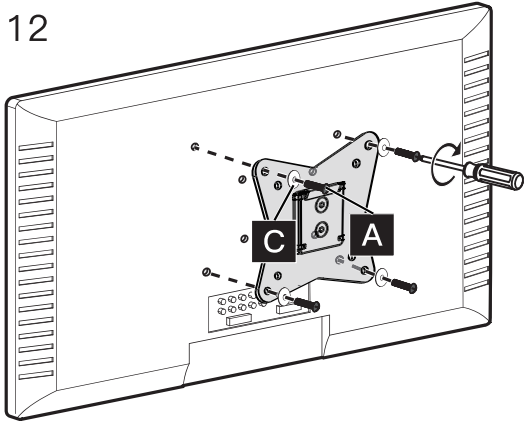
## Paso 3 Coloque la placa de monitor en el monitor

3-1 Seleccione los pernos de su monitor

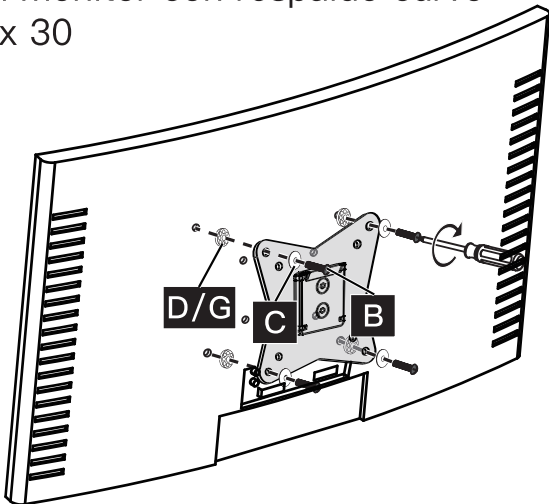


Destornillador  
Phillips  
[No incluido]

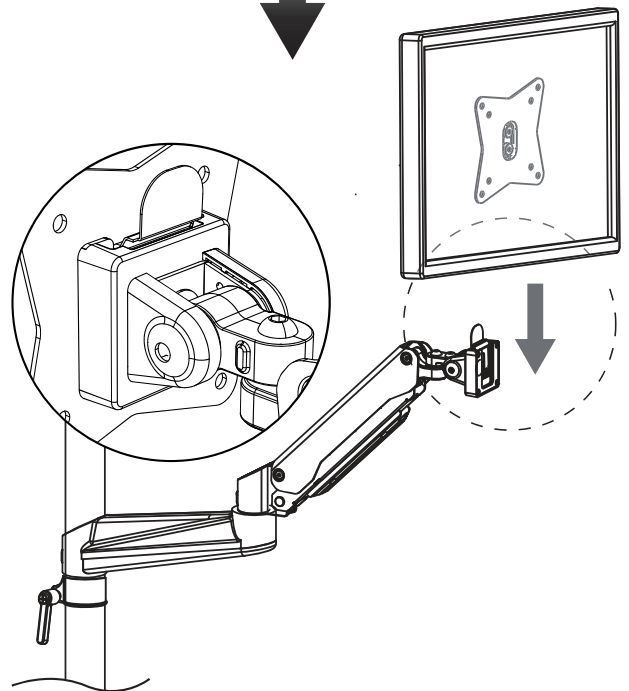
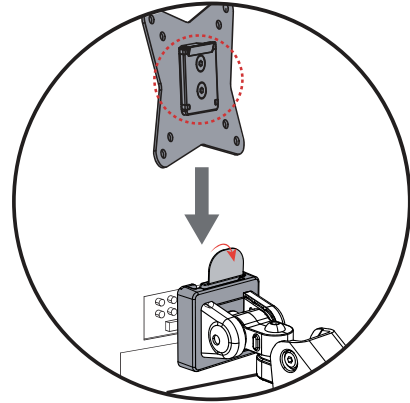
Para monitor con respaldo plano  
M4 x 12



Para monitor con respaldo curvo  
M4 x 30



3-2 Fije el monitor a la cabeza del brazo

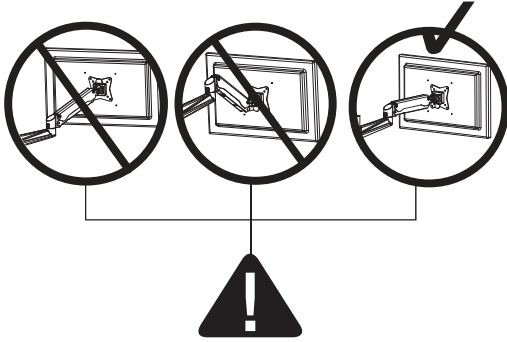


## Piezas y herrajes suministrados para el paso 4



3/16 po (5 mm)  
grande clé Allen  
M x 1

## Paso 4 Ajuste la tensión del pistón a gas

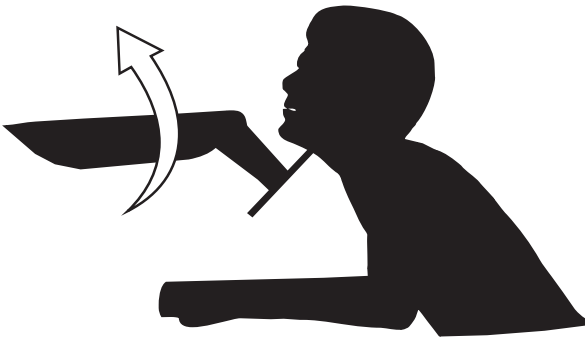


Asegúrese de que el brazo se mantenga en posición horizontal (paralelo al escritorio) durante el ajuste. Si no lo hace, puede tener dificultades de ajuste o dañar el soporte.

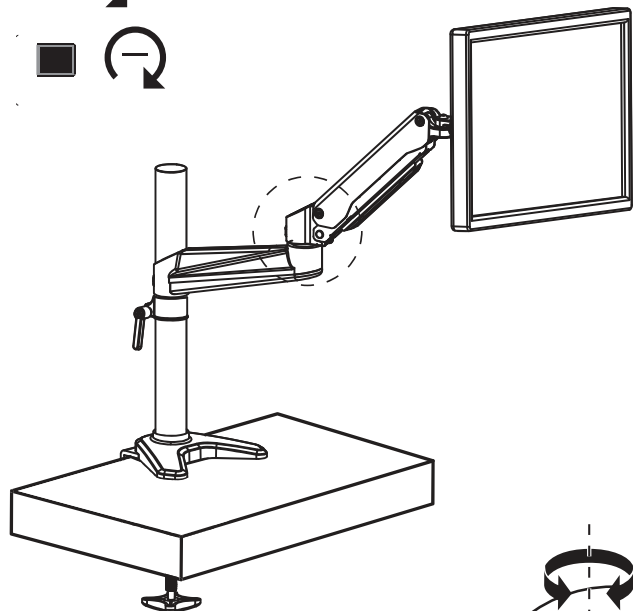
1. Si el brazo del muelle de gas SUBE con el monitor fijado, sujete el brazo en posición horizontal mientras usa la llave Allen grande (M) para girar el perno de ajuste en SENTIDO HORARIO, DISMINUYENDO en la tensión del brazo.

2. Si el brazo del muelle de gas BAJA con el monitor fijado, sujete el brazo en posición horizontal mientras usa la llave Allen grande (M) para girar el perno de ajuste en SENTIDO ANTIHORARIO, AUMENTANDO en la tensión del brazo.

### ⚠ ADVERTENCIA!



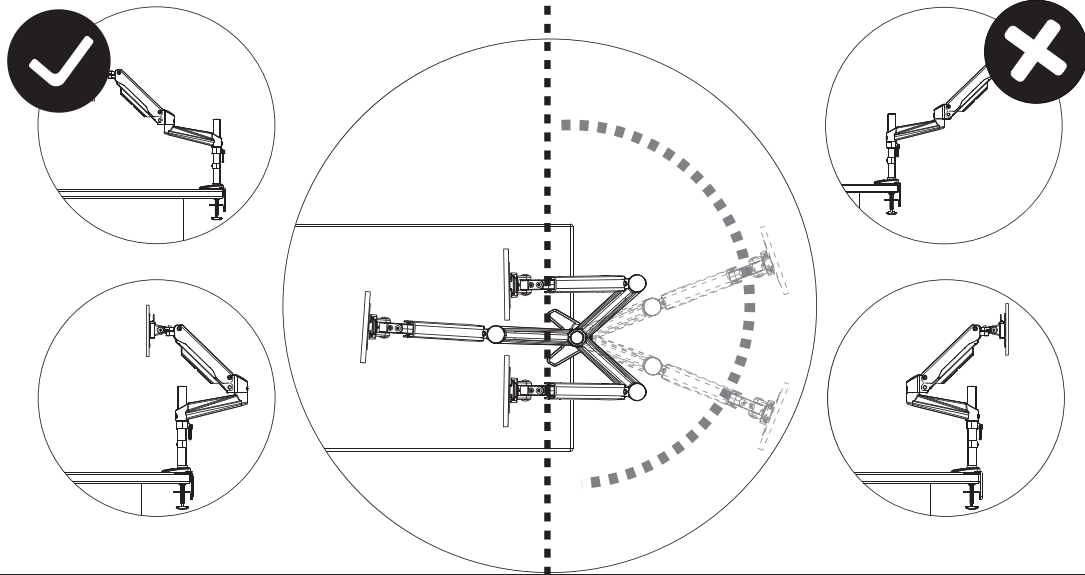
El brazo del resorte de gas está bajo presión y debe manejarse con cuidado. El incumplimiento de las instrucciones puede provocar daños en el soporte y/o lesiones personales.





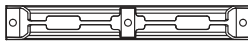



3/16 po (5 mm)  
grande clé Allen

## Paso 5 Restricción de rotación

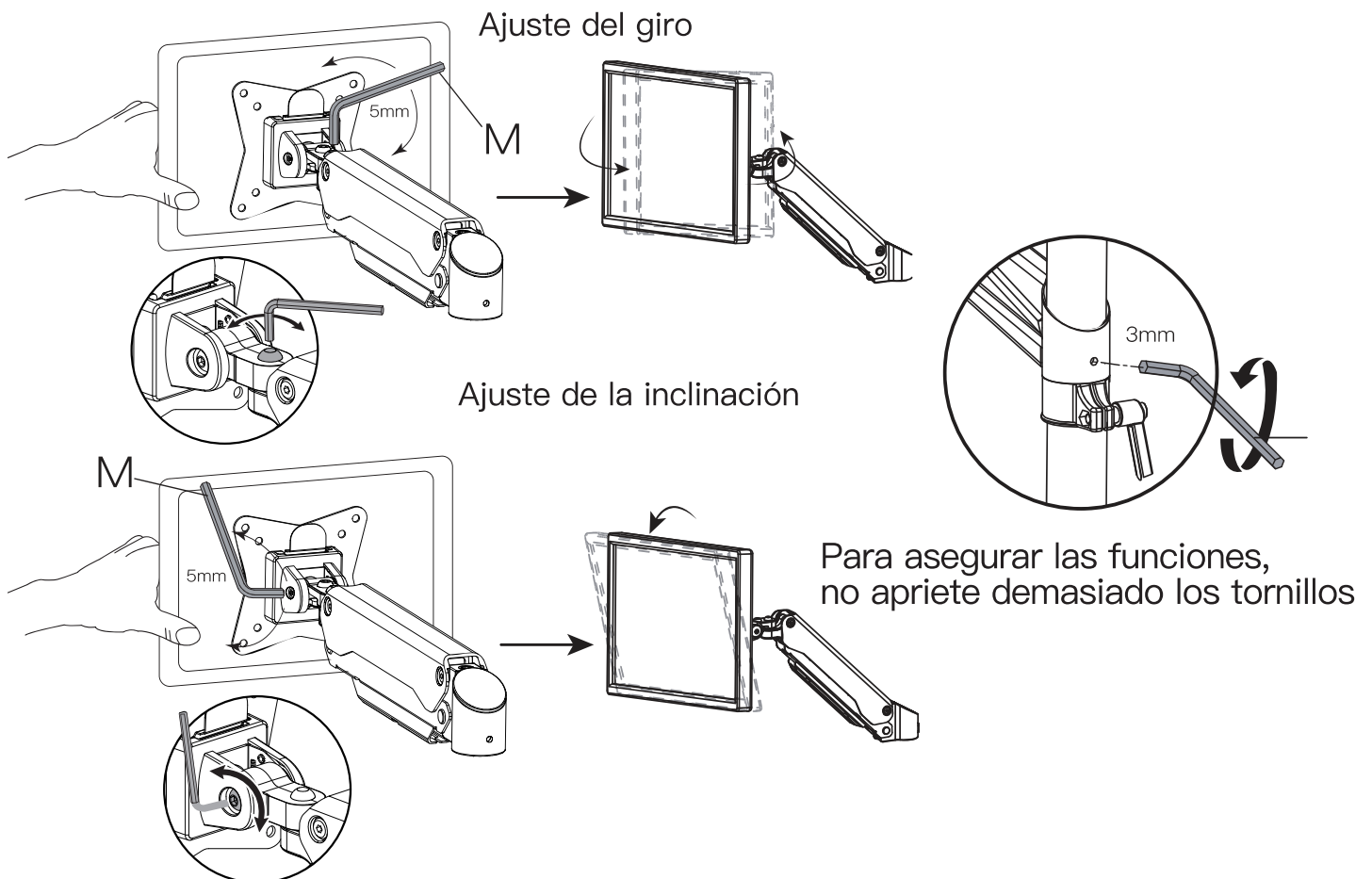
Para asegurar una estabilidad adecuada, el monitor y el brazo deben permanecer sobre el escritorio. Si no lo hace, podría provocar daños materiales o lesiones.



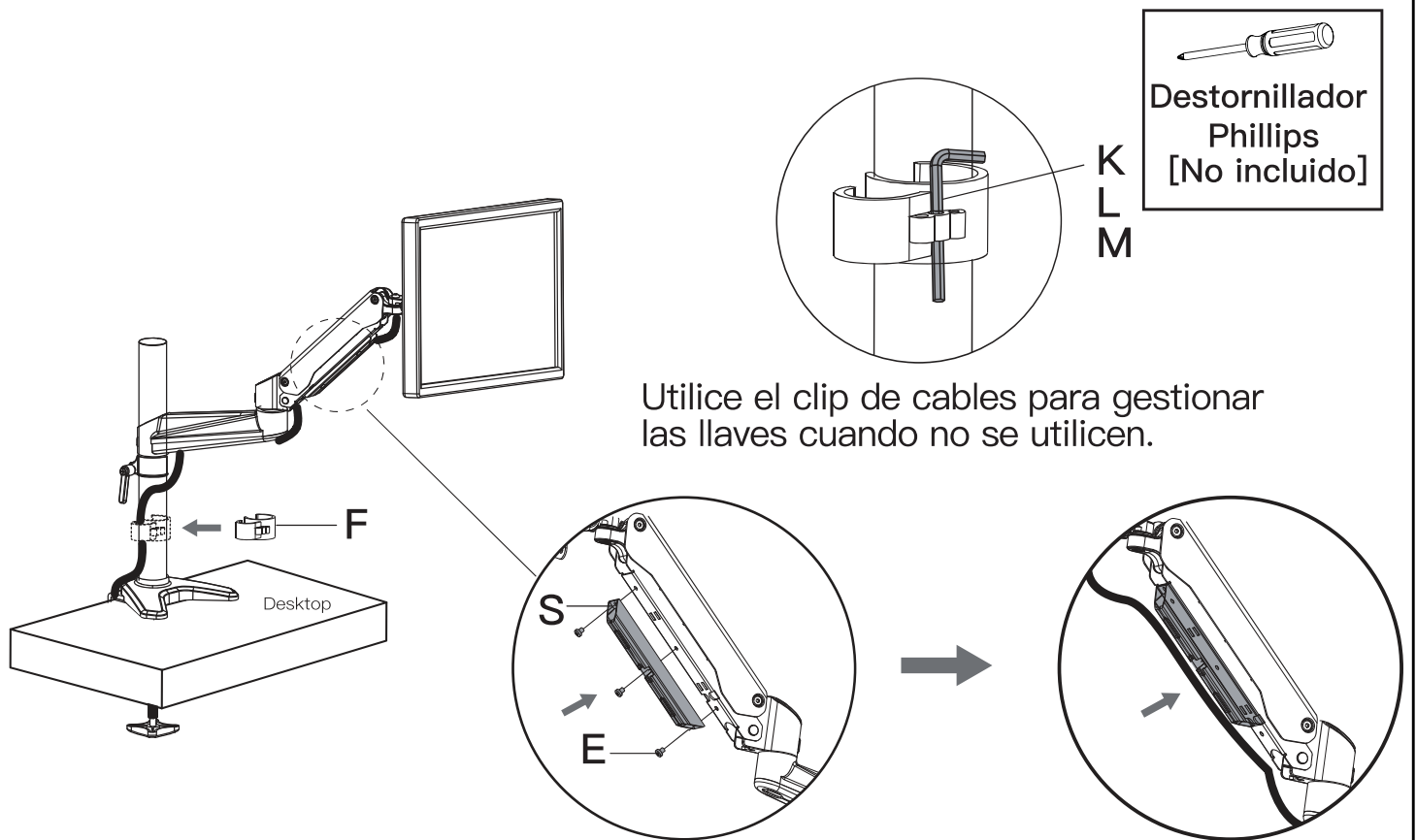
## Piezas y herrajes suministrados para el paso 6

					
Perno M5 x 6 mm E x 3	Clip de cable F x 1	Cubierta S x 1	1/8 po (3 mm) petite clé Allen K x 1	5/32 po (4 mm) moyenne clé Allen L x 1	3/16 po (5 mm) grande clé Allen M x 1

## Paso 6 Ajustes de inclinación y giro



## Paso 7 Gestione los cables y guarde las llaves Allen

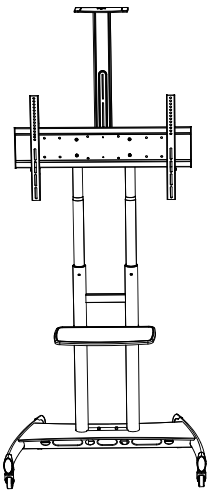




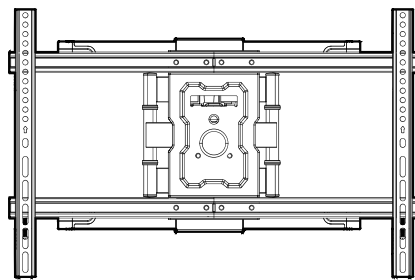


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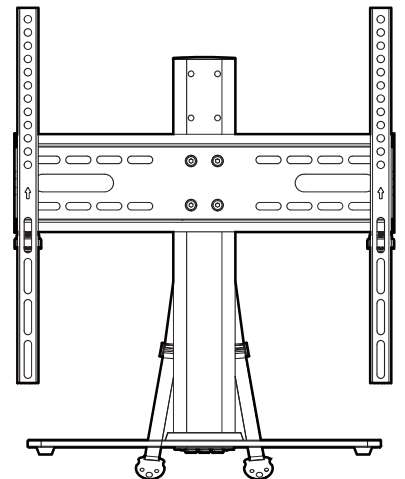
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